



CHICO XAVIER  
WALDO VIEIRA

—  
DICTATED BY THE SPIRIT  
**ANDRÉ LUIZ**

LIFE IN THE  
SPIRIT WORLD

A large background image showing a person standing on a wooden pier that extends into the ocean. The sky is a vibrant orange and yellow, suggesting a sunset or sunrise. The water is calm, and the overall mood is serene and contemplative.

# THE MECHANICS OF MEDIUMSHIP



# The Mechanics of Mediumship

Chico Xavier  
Waldo Vieira

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Dictated by the Spirit  
André Luiz

Translated by: Darrel W. Kimble and Ily Reis



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# Quotes by Allan Kardec<sup>1</sup>

When the spirit of the somnambulist finds itself in the state of disengagement, it enters into communication more easily with other incarnate or discarnate spirits. This communication is established through the mutual contact of the fluids comprising their perispirits and enables the transmission of thought, like an electric wire.

*The Spirits' Book*  
*Question 455*

The result of this is that, except for a few exceptions, mediums transmit spirits' thoughts through the available mechanical means, and the expression of this thought could and should be often affected by the imperfection of such means.

*The Mediums' Book*  
*Part Two, Chap. 19, Item 224*

Mediumship, however, is neither an art nor a talent, and that is why it cannot be made into a profession; it does not exist except through the concourse of spirits; if spirits are lacking, there is no longer mediumship.

*The Gospel according to Spiritism*  
*Chap. 26, Item 9*

Life, then, is in motion everywhere. Not one corner of the infinite is unpopulated, nor is there one region that is not incessantly traveled by innumerable legions of radiant spirits who are invisible to the crude senses of incarnates but whose sight stuns with joy and awe souls freed from matter.

*Heaven and Hell*  
*Part One, Chap. 3, Item 15*

The effects of the fluidic action upon the ill are extremely varied, depending on the circumstances. This action is sometimes slow and requires a prolonged treatment, as in the case of ordinary magnetism. At other times it is quick like an electric current.

*Genesis*  
*Chap. 14, Item 32*

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<sup>1</sup> Chosen by the Spirit author.

# Mediumship

Earthly antiquity began lighting our way with striking manifestations of mediumship, manifestations that have continued throughout history.

The disciples of Socrates refer with admiration and reverence to the invisible friend who was his constant companion.

Plutarch tells about the encounter Brutus had one night with one of his discarnate persecutors, who came to visit him in the countryside.

In the Temple of Minerva in Rome, Pausanias, condemned to die of hunger, continued to live as a spirit, appearing and disappearing before the eyes of startled bystanders for a long time, his monoideistic thought mired in the rebelliousness that had driven him mad.

It is known that in the last days of his reign, Nero saw himself outside his physical body with his mother Agrippina and his wife Octavia – both murdered at his orders – forewarning him about his imminent fall into the abyss.

So many vengeful spirits surrounded Caligula after his remains were buried in the gardens of Lamia that they were frequently seen there until his body was exhumed and cremated.

But mediumship actually reached its pinnacle in nascent Christianity.

The unforgettable Master's entire passage amongst humankind is a canticle of light and love as he externalized his condition as a Medium of the Divine Wisdom.

To continue his ministry, the apostles who had remained loyal to him became powerful mediums on the day of Pentecost.<sup>2</sup> Because they were “all in accord in one place,” their energies converged and enabled the Lord's spirit emissaries to produce impressive physical phenomena through them, such as luminous signs and direct voices – including manifestations of psychophony and xenoglossy – in which the teachings of the Gospel were given, simultaneously, in several different languages to Israelites from many different regions.

From then on, mediumistic phenomena became customary for them.



For example, materialized spirits set them free from unjust imprisonment.<sup>3</sup>

Healing magnetism by means of gaze<sup>4</sup> and laying-on of hands<sup>5</sup> was widely practiced.

Suffering spirits were taken from the unfortunate individuals they had been obsessing.<sup>6</sup>

Saul of Tarsus – an objective and obstinate man – was suddenly endowed with clairvoyance at the gates of Damascus and saw Christ himself, receiving instructions from him.<sup>7</sup> And because Saul, although courageous, experienced an enormous moral jolt, Jesus, in his mercy, turned to Ananias – a clairvoyant medium in the city – and asked him to help the companion who was just beginning his endeavor.<sup>8</sup>

Spirit messengers continued to assist the sowers of the Gospel not only in the apostles' home in Jerusalem; mediumship provided invaluable, ongoing service in the homes of the Christians in Antioch as well. One of the mediums there, a man named Agabus,<sup>9</sup> incorporated<sup>10</sup> a spirit benefactor who made an important prophecy. And in that same church, several mediumistic instruments<sup>11</sup> gathered together produced the phenomenon of direct voice, consigning a highly important task to Paul and Barnabus.<sup>12</sup>

In Troas, the Apostle to the Gentiles received a visit from a man, in spirit, asking him for his fraternal help.<sup>13</sup>

And just as happens nowadays,<sup>14</sup> the mediums of the past, in spite of having the Divine Blessing, experienced injustice and persecution. Wherever they went they had to endure inquests, insults, contempt and temptations.

When Peter and John's first began their mediumistic activities, they were thrown in jail. Steven was stoned. James, son of Zebedee, was put to the sword. Paul of Tarsus was arrested and flogged a number of times.

Mediumship continued to shine amongst the Christian martyrs put to death in the circuses, and it was not eclipsed even when Jesus' teachings began to suffer stagnation under imperatives of a political order. Only a few centuries ago, Francis of Assisi exalted it in remarkable events; Luther had visions; Teresa of Avila had out-of-body experiences; Joseph of Cupertino levitated in front of a startled Pope Urban VIII; and Swedenborg, outside his physical body, collected notes from various spirit planes and filtered them for human knowledge, according to the conceptions of his time.

Consequently, we can grasp the ongoing value of the efforts of Andre Luiz, who, making use of studies and findings by renowned scientists, endeavors, in these pages, as he did elsewhere,<sup>15</sup> to explain topics related to

mediumship, topics that are ever more troubling in the confused lives of the modern world.

He does not, at all, recommend the practice of hypnotism in our Spiritist centers, but he uses hypnotism, nevertheless, as a template for a fuller understanding of the many phenomena of the conjugation of mental waves, as well as to demonstrate that the magnetic force is merely an agent and not the cause of mediumistic events, invariably born from spirit to spirit.

In our arena of activity there are books that console, restore, medicate and nourish, just as there are books that propose, conclude, argue and clarify.

Under these criteria, this is a study book.

Thus, let us ponder its pages.

EMMANUEL  
Uberaba (MG), August 6, 1959

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<sup>2</sup> Acts 2:1-13

<sup>3</sup> Acts 5:18-20

<sup>4</sup> Acts 3:4-6

<sup>5</sup> Acts 9:17

<sup>6</sup> Acts 8:7

<sup>7</sup> Acts 9:3-7

<sup>8</sup> Acts 9:10,11

<sup>9</sup> Acts 11:28

<sup>10</sup> "The faculty that enables spirits to utilize the vocal organs of incarnates to transmit audible speech..." (Peralva, Martins. *Estudando a Mediunidade*; FEB, 1994 – translation ours) – Tr.

<sup>11</sup> Reference to mediums. – Tr.

<sup>12</sup> Acts 13:1-4

<sup>13</sup> Acts 16:-9,10

<sup>14</sup> This book was written in 1959. – Tr.

<sup>15</sup> Regarding the subject of this work, Andre Luiz is the author of another book entitled *In the Realms of Mediumship*. (Brazilian Spiritist Federation, 2018). – Publisher.

# Regarding Mediumship

Even after one full century of mediumship in the light of the Spiritist Doctrine, entailing unmistakable proofs of the survival of the soul after death – proofs in which the selflessness of Divine Messengers and the tolerance of many sensitives have been put to the test – mediumship is still misunderstood and ridiculed today.

Intellectuals, bound to pragmatic atheism, scorn it even now, whereas most of the scientists that actually do experiment with it gather around the raised platform of metaphysics to observe it with reservation. Alongside them, however, Spiritists uphold its banner of endeavor and revelation, aware of its presence and meaning in life. Though often stigmatized as fanatics, they continue their role as pioneers, cultivating, enduring, helping and constructing, mindful of the principles set forth by Allan Kardec in his Codification.

Someone has said, “In Spiritism, Spiritists are trying to mix science and religion, resulting in great harm to its scientific aspect.” He goes on to say, “When a historian analyzes the ordinances of Charlemagne, he does not think about the Afterlife; when a physiologist studies the muscle contractions of a frog, he does not speak of ultra-terrestrial realms; and when a chemist isolates the nitrogen-containing portion in lecithin, he does not concern himself with talk about human survival after death.” And, “The researcher must proceed likewise when dealing with metaphysics, abstaining from dreaming about ethereal worlds or soul-related emanations in order to remain down-to-earth and above any theory; he should merely ask, very humbly, whether or not such and such phenomenon is real, and refrain from the purpose of unveiling the mysteries of our previous or future lives.”

Spiritists, however, in spite of their respect for the research of such scholars, cannot abdicate the religious meaning that defines their work. They deem it correct to revere these scholars and to use their studies and findings – as we do in these pages<sup>16</sup> – in the same way that scholars honor Spiritists’ efforts by utilizing their field of activity for experiments and annotations.

Spiritists understand that even though historians, physiologists and chemists may not think about the Afterlife, they cannot evolve while lacking a moral sense, because without dignity, historians are vehicles of imprudence; without self-respect, physiologists nearly always become insensitive to human life; and without soul, chemists easily become agents of death.

Spiritists may be mindful of messages from the Spirit Realms, but that does not mean they are encysted in the vision of “ethereal worlds” for beatific and barren yearnings; it means that they strive to make themselves useful elements in the building of a better world. If they analyze soul phenomena, it is because they want to take part in perfecting the planet’s spiritual life and solving the problems of humankind’s destiny and suffering in order to empty its penitentiaries and mental hospitals. And if they are seeking something beyond the commonplace, that something is self-education by practicing the good towards their fellow beings. They do so in order to unpretentiously aspire to steer the phenomena to serve others, so that the phenomena are not reduced to a mere curiosity of the mind.

The more humans investigate nature, the more they realize they live in a realm of waves transfigured into light, electricity, heat or matter, depending on their vibratory pattern.

There are, however, other manifestations of light, electricity, heat and matter unknown on the levels of human evolution, and, for the time being, we can only gather information about them through the avenues of the spirit.

In anticipation of remarks of constructive criticism, we shall dutifully state that we have made use of several contemporary scientific studies to render the Spiritist substance of this book more easily understood by most readers, the same way a traveler uses a well-travelled road so as not to demand too much effort from his fellow travelers to reach their destination. Moreover, as far as human scientific references are concerned, one must acknowledge their temporary nature with regards to definition and nomenclature, mindful of the fact that ongoing experimentation leads scientists of one century to often consider as outdated the work of the scientists that preceded them.

Consequently, such notes, retrieved from the stockpile of information and findings of today’s scholars, are used in this volume as a necessary but transitory vestment for the Spiritist explanation of mediumship.

We cannot forget our obligation to cultivate and refine mediumship, equipping ourselves with the resources needed for the knowledge of ourselves.

Parapsychology in universities, along with the study of the mechanics of the brain, dreams, magnetism and thought in institutions linked to psychiatry and the mental sciences may be on a different course, but they, too, will arrive at the truth. However, before they are consciously integrated into the plan for human redemption, let us, on our part, perfect mediumship in the light of the Spiritist Doctrine – the renewal of the Doctrine of Jesus – realizing that merely observing the phenomena per se is not enough. Discipline and knowledge of the moral ingredients that comprise them are indispensable, for they are the means of evolution and happiness for the individual in transit towards the greater reality.

ANDRE LUIZ  
Uberaba (MG), August 11, 1959

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<sup>16</sup> At the invitation of the spirit Andre Luiz, the mediums Francisco Candido Xavier and Waldo Vieira received the texts of this book on Thursday and Tuesday evenings in the city of Uberaba, state of Minas Gerais, Brazil. Emmanuel's Preface and the even-numbered chapters were received by Francisco Xavier, while Andre Luiz's Preface and the odd-numbered chapters were received by Waldo Vieira. – Mediums' note.

# 1

## Waves and Perceptions

**Disturbance and Waves** – Following the persistent efforts of a large number of learned spirits who have incarnated in the world to foster evolution, the 20<sup>th</sup> century mind has grasped the fact that the earth is a huge magnet composed of conditioned atomic forces. It is also surrounded by these same forces in multiform combinations, making up the so-called electromagnetic field in which the planet, in the rhythm of its own motion, is characterized in the Cosmic Immensity.

Within this realm of energies, in which concentrated matter structures the globe of our dwelling place, and in which expanding matter forms its peculiar environment, life causes disturbances.

And every disturbance produces waves.

For instance, a sentence that we speak or an instrument that vibrates creates sound waves.

We turn on the furnace and it spreads heat waves.

We turn on a lamp and it sends out light waves.

We turn on a radio and it emits electrical waves.

In sum, every disturbance spreads out in the form of waves, through the different bodies of nature.

**Types and Definitions** – Waves are measured according to their length, which depends on the emitter in which the disturbance occurs.

A small rock thrown into a pond causes small waves, whereas a log produces larger waves.

A contrabass produces very long waves.

A piccolo produces very short waves.

Electromagnetic waves or oscillations are always of the same substance, but they differ in the length or distance from the peak or crest of one wave to the crest of the next wave in vibrations that are rapider or less rapid, according to the laws of rhythm in which the different frequency occurs.

But what is a wave, exactly?

For lack of a better definition, we can say that a wave is a certain form of energy resurgence by means of the particular element that conducts or establishes it.

Based on this principle, we can see that the primordial source for any radiation is the atom itself or any of its parts in vibration, sending out rays or waves that manifest according to the oscillations emitted.

**Human Beings and Waves** – To simplify concepts concerning the range of waves, let us remember that, oscillating as a whole due to electron orbital jumps, or due to excitement within their nuclei, atoms send out waves that produce heat, sound, light and gamma rays in countless combinations.

Thus, among the alternating current waves used for industrial purposes, radio waves, light waves and X-rays, as well as waves that make up cosmic rays and those that are superposed on one another beyond them, there is no difference in nature but rather in frequency, depending on how they are expressed.

Human beings, situated amidst the bands of this immense domain – where the more matter is studied, the more it is shown to be a bundle of energies in temporary association – can only discern waves that are in tune with their way of being.

Consequently, we can see human beings as travelers of the Cosmos, living in a vast empire of waves that behave like mass or vice-versa. Their perceptions of these waves is conditioned by the level of their progress, progress that continues according to their storehouse of experience stored up in their individual mental field, in which they reveal what life has given them thus far, i.e. the **time of their evolution**, and what they themselves have given to life, i.e. **the time of personal effort they have exerted in constructing their destiny**. For the appreciation and enrichment of the road they have to travel, they receive from that same life – which cradles them and which they must serve – the treasure of the brain. Using their brain, they exteriorize the waves that mark their individuality in the concert of universal forces, and they absorb those with which they are attuned, increasing the resources of their storehouse of knowledge, and from which they can draw for the active perfecting of themselves in the endeavor of their self-sublimation.

**The Realm of “Infrasound”** – Human eyes and ears are adjusted to the natural boundaries of their perception, and they are limited to the implements of their own structure.

Below 35 to 40 vibrations per second, incarnate individuals, or individuals still outside the physical body under analogous conditions, live in the realm of

“infrasounds,”<sup>17</sup> for sounds still exist, but they do not have the means to detect them.

The bridge pressured by a large vehicle, or the locomotive traveling on rails, rattles the front door of a nearby house, and the disturbance of this door is communicated to other doors farther inside via the transmission of “infrasound.”

In the realm of imperceptible waves we can identify Hertz’s electromagnetic waves, which are emitted from an antenna fed with electric energy. Displaying an increased frequency by using “oscillating circuits” constituted with the aid of condensers, these waves produce the waves of the wireless telegraph and of the ordinary radio, beginning with the long waves of up to approximately a thousand meters in a measure equivalent to a frequency of 300,000 vibrations per second (300 kilocycles), and advancing through the short waves, beyond which are the metric or decametric waves used in radar and television.

In such bands of life, which science calls the realm of “infrasound,” complex forces circulate. However, for the incarnate spirit, or for the spirit still conditioned to the sensations of the Physical Plane, there is only silence in these provinces of nature.

**Perceptible Sounds** – As the frequency of waves rising from the incessant movement of the universe increases, human beings reach the level of perceptible sounds, most precisely exemplified by the lowest notes on the piano.

At this point we enter the sphere of the human being’s sensorial perceptions. At this vibratory level, waves become sonorous sources that affect the eardrum, generating “Tartini tones,” or “combination tones,” with psychic effects, according to each individual’s mental dispositions.

The pitch continues to rise.

Mid-range sounds, higher-range sounds, shrill sounds, super-shrill sounds.

On the border of just a little over 15,000 vibrations per second, the ordinary ear usually reaches its limit.<sup>18</sup>

Nevertheless, there are persons who still manage to hear above that range.

Several types of animals, such as dogs, possess profound auditory acuity and can hear noises in the “ultrasound” range above 40,000 vibrations per second.

The ascending range continues amidst resources and proportions unimaginable to the senses connected with the physical world.



**Other Undulatory Realms** – Standing out in the ocean of Infinite Life lie other undulatory realms that offer new fields of evolution to the spirit, realms that the mind adapted to the planet’s peculiarities cannot perceive.

Proceeding through the shortest oscillations, we reach the infrared waves.

Light and colors visible to the human eye begin.

Ascending the scale, microwaves, according to their inherent electrical power, cause images of the seven basic colors to appear on the intra-retinal fibers. One can use an ordinary prism to separate them out of the white light that synthesizes them. These waves create psychic effects in each individual, according to his or her mental state.

After red, the scale of waves ascends through orange, yellow, green, blue, indigo, and violet.

Within the violet wavelength, at about  $4/10,000$  millimeter, human eyes can no longer see; nonetheless, the string of oscillations continues in constant progression. A photographic plate placed in the neighborhood of the spectrum reveals the photochemical action of the ultraviolet, and beyond it are the extremely short waves of the X-rays and the gamma rays, proceeding on to the cosmic rays that crisscross all corners of the globe.

All this information provides a slight idea of the transcendence of the waves in the realms of the spirit, based on the powers of thought.

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<sup>17</sup> Other authors believe that these infrasounds begin below 16 vibrations per second. – Spirit Auth.

<sup>18</sup> The scale of perception is highly variable. – Spirit Auth.

## 2

# The Advances of Particle Physics

**The Very Beginnings of Electronics** – Eminent spirits, in response to the needs of human scientific investigation, return from the spirit world to the earth plane to incite research regarding the undulatory nature of the universe.

Thus, electronics stammers its very first phrases with Thales of Miletus in 600 B.C.

This great philosopher, who believed in the essential unity of nature, observed electric<sup>19</sup> activity in amber (*elektron* in Greek).

Centuries later, his notes on luminous emanations are reviewed by Heron of Alexandria and other great minds, culminating in the thinking of Descartes in the 17<sup>th</sup> century. Inspired by the atomic theory of the Greeks, Descartes, 300 years before the actual discovery of the electron, concludes that there must be a primitive particle at the base of the atom. With amazing power of thought, he goes so far as to perceive it as being a “vortex,” or some such image, of the energetic resources that comprise it.

Soon thereafter, Isaac Newton manages to break white light down into the seven colors of the prism, further putting forth the idea that light phenomena are corpuscular currents, although he does not exclude the hypothesis of vibratory waves traveling through the air.

Huygens continues the experimentation and defends the theory of the luminous ether or undulatory theory.

Franklin theorizes about the electric fluid and proposes the atomic theory of electricity. He attempts to classify it as being formed of subtle packets, perfectly comparable to the electronic vortices believed in nowadays.

**The Electromagnetic Field** – At the beginning of the 19<sup>th</sup> century, Thomas Young begins examining the reflection, interference and diffraction of light based on undulatory action. His findings<sup>20</sup> are later consolidated by Fresnel.

Other investigators and pioneers follow, until in 1869 Maxwell states – despite the fact that his assertions would fail to awaken much interest in the

scholars of his time – that light waves originate in a magnetic field associated with an electric field, announcing the correlation between electricity and light, and affirming that lines of force overflow from circuits, invading the surrounding space and expanding as undulatory pulsations. He creates the remarkable electromagnetic theory.

From that time onward, the concept of the “electromagnetic field” assumes singular importance all over the world, until Hertz is able to actually prove the existence of electric waves, putting them to use for humankind.

At the dawn of the 20<sup>th</sup> century, science believes that nature is traversed by countless waves that crisscross all the bandwidths of the planet without ever mixing together.

Nonetheless, a certain question had been asked everywhere.

Realizing that the world is an enormous magnet composed of atoms, and knowing that waves originated from them, then how could atomic systems generate these waves, creating heat and light, for example?

**The Structure of the Atom** – In 1900, Max Planck, the distinguished German physicist, notices that when the atom emits energy, this energy does not proceed in a continuous flow, but rather in individual emissions, or more exactly, in packets of energy. Thus, he establishes the “quantum theory of energy.”

Subsequently, Niels Bohr reasoned that Planck’s discovery could only be explained by the fact that, in atomic theory, electrons gravitate around the nucleus in defined orbits, emitting energy. They did not orbit like planets around the sun, but jumped unexpectedly from one “shell” to another.

Proceeding more by intuition than by observation, Bohr visualized the atom as a nucleus surrounded by, at most, seven concentric shells that are completely isolated from one another. Electrons orbit freely in all directions within these shells. Those located in the outer shells dislocate more easily, giving off light rays, whereas the electrons contained in the inner shells and, therefore, more closely connected to the nucleus, allow shorter rays to escape as they change orbits. These are gradated in the series of X-rays.

When Bohr’s theory was applied to multifarious areas of objective demonstration, it received encouraging confirmations, and consequently, within feasible earthly definitions, the Danish scientist prepared the way for a wider understanding of light.

**The Radiant State and X-rays** – Science used to believe that atoms were imperishable, indivisible corpuscles. Elements combined, intermingled and separated from one another to make up various forms.

They were like a vast but limited arsenal of life resources that nature could use without any waste.

During the last quarter of the 19<sup>th</sup> century, however, remarkable changes marked the progress of physics.

Resuming the experiments conducted by the German scientist Hittorf, William Crookes used a closed glass tube, from which most of the air had been removed, and through which he passed a high voltage electric current.

Such a tube could contain two or more electrodes (cathodes and anodes, or negative and positive poles, respectively) made of platinum wires and mounted on metallic plates of variable substance and shape.

When the great physicist turned the current on, he noticed that the cathode emitted rays, which, striking the opposite end of the tube, formed some sort of fluorescent light.

Crookes classified the state of the gas contained in the receptacle as “radiant,” and stated that he believed he had managed to capture the corpuscles that wove the physical foundation of the universe.

After Crookes came Roentgen, who returned to Crookes’ experiments. When Roentgen projected the cathode rays onto a metallic screen and put his hand between the tube and a small plate covered with a fluorescent substance, he noticed that his bones stood out in a darker color within the flesh, which had become transparent.

X-rays or Roentgen rays had thus been brought to the world’s attention.

**The Electron and Radioactivity** – The young French researcher, Jean Perrin, utilized Crookes’ ampoule and an electroscope and was able to prove the existence of the electron as an electrical particle traveling at mind-boggling speed.

The question about the mass and electrical property of such a particle hovered in the air.

Subsequently, the distinguished English physicist, Joseph Thomson, studied the electron from the point of view of a moving projectile and was able to determine that its mass was approximately 1,850 times smaller than the lightest known atom – hydrogen – thus calculating its charge and velocity with relative certainty.

Objective discussions concerning the electron led to new studies of the infinitely small.

Encouraged by the successes of Roentgen’s X-rays, Henri Becquerel, with the help of spirit friends – because until then earth’s scientific minds did not know about the extensive radioactive properties of uranium – chose this

element to look for new sources of X-rays, and found the various radiations that led the Curies to the discovery of radium.

Science finally realized that radioactivity was like a declaration by the atoms, affirming that they **were born and would die**, or appear and disappear, in the reservoir of nature.

**Nuclear Chemistry** – The Geiger counter emerged on the scene of Particle Physics experimentation and demonstrated that a gram of radium releases 36 billion radioactive particles each second from the weakest current of rays emitted by this element, totaling 20,000 kilometers of radiation per second.

However, there is such an enormous quantity of atoms in each gram of radium that it would take 16 centuries for its weight to be reduced by half.<sup>21</sup>

By learning that radioactivity announced the death of atomic systems, would it not be possible to hasten their controlled decay in order to use their energetic power?

Rutherford recalled that the particles emanating from radium function as powerful projectiles. He filled a tube with nitrogen, put a fragment of radium in it, and observed the points where the electrified corpuscles struck a small phosphorescent screen. Consequently, he discovered that, when fully struck by the radioactive alpha particles, the nitrogen nuclei exploded, changing into hydrogen and an oxygen isotope.

Thus, the first calculated atomic transmutation by humankind was performed, giving rise to nuclear chemistry, which has culminated nowadays in the atomic artillery of the cyclotron. The cyclotron was built by Lawrence and was similar to an electromagnet, where atomic projectiles, accelerated by a current of thousands of volts under very high alternating tension, bombard the elements exposed to them, which transmute into other known chemical elements, added to the so-called radioisotopes. Radioisotopes were first obtained by the Joliot-Curies by bombarding aluminum foil with a less-penetrating current of radium, constituted of helium nuclei or helium ions. This is how the many uses of artificial radioactivity came about.

Our synthesizing notations are only meant to point out the analogy of what happens between the inner world of the atomic forces that interweave physical matter and those that make up mental matter.

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<sup>19</sup> By rubbing amber - fossilized tree resin - with fur, Thales was able to attract dust, feathers and other lightweight objects. These were the first experiments with electrostatics, the study of stationary electric charges or static electricity. In fact, the word electricity comes from the Greek elektron, which means amber (<http://science.howstuffworks.com/electricity1.htm>) – Tr.

<sup>20</sup> In 1801, Young began a series of experiments that addressed a phenomenon known as interference. He observed that when light from a single source is separated into two beams, and the two beams are recombined, the combined

beams produce a pattern of light and dark fringes. Young concluded that these fringes were the result of the beams of light behaving as waves, with their peaks and troughs either reinforcing one another or canceling each other. When this occurred, alternating lines of light and dark resulted (<http://www.thesynchronicitygrid.com/sciencetheory.html>.) – Tr.

<sup>21</sup> This paragraph, as it is written, seems to say that the length of the half-life depends on the quantity of material or the number of atoms of radium, which is not in harmony with science's knowledge of the matter. Emmanuel, in the Preface, states that Andre Luiz has made use of studies and conclusions of earth's scientists, and thus, concerning the subject, the spirit author, medium, or scientific source whence the paragraph came might have had an incomplete understanding of it. – 1993 Publisher's Note (Brazilian Spiritist Federation).

## 3

# Photons and Cosmic Fluid

**The Structure of Light** – Clerk Maxwell, focusing on the study of electromagnetism, foresaw that all radiations, including visible light, exert pressure on other bodies.<sup>22</sup>

Experiments involving a beam of light projected onto a sheaf of dust particles showed that the sheaf curved as if struck by a weak current of power. This current was measured and although the amount of pressure was negligible, it was enough to prove that light was endowed with inertia.<sup>23</sup>

Physicists were still grappling with this problem, when Einstein, at the beginning of the 20<sup>th</sup> century, constructed his theory of relativity and came to the conclusion that, from this new aspect, light actually possessed a specific weight.

This would imply that light had mass.

But how could one reconcile vibration and weight, wave and mass?

Intrigued, this great scientist revisited the experiments by Planck and Bohr and came to the conclusion that the light from a bulb results from successive bursts of luminous packets in consecutive flashes, discharged from every point on the bulb.

Researchers protested against this assertion. They recalled the enigma of diffractions and interferences and tried to demonstrate that light was composed of vibrations.

Einstein, however, resorted to the photoelectric effect, in which the incidence of a light beam on a sodium or potassium film causes electrons to be expelled from the film – electrons whose velocity may be measured precisely – and ingeniously conceived light quanta or photons, which, when fired at the sodium or potassium electrons, cause their dislocation, with a force proportional to the energy of the photons.

An increase in the intensity of the light, as it is, does not increase the velocity of the expelled electrons. That would happen only if the incidence came from a light with a shorter oscillation.

**“Quantum Leaps”** – The “quantum leap” theory explained, in a certain way, the electromagnetic oscillations that produce light beams.

In the excited atom, the movements are accelerated, and its electrons, in distancing themselves from the nucleus, attain higher degrees of energy. With this alteration, the electrons move away from the nucleus by leaps, according to the squaring of the cardinal numbers, that is, from 1 to 2 in the first leap, from 2 to 4 in the second, from 3 to 9 in the third, from 4 to 16 in the fourth, and so on.

At approximately 1,000 degrees centigrade, electrons leave their specific orbits in ever-increasing numbers, and if the temperature reaches about 100,000 degrees centigrade, atoms become composed solely of nuclei devoid of their electron-satellites, colliding and exploding at extremely high temperatures.

Thus, on the scale of excitation of atomic systems, we find that light, as known on earth, is an electromagnetic oscillation of medium wavelength that originates in the atomic field when electrons are boosted to higher orbits by an energy supply and then return to their original orbits, conveying their drop in energy.

If we use only a small amount of energy to excite an atom, only those electrons on the periphery will be excited and may easily overcome the nucleus’s attractive force.

Therefore, the farther from the nucleus, the farther the leap will be, resulting in the emission of a longer wave, and consequently, one with less energy. And the farther inside the atomic system the leap, the shorter it will be, and the emitted wave will thus have greater penetrating power.

**The “Compton Effect”** – Looking for an example, we can see that stimulating the outer electron orbits produces red light composed of long wavelengths, whereas the same process of attrition in the orbits closer to the nucleus causes blue radiation composed of shorter wavelengths, and excitation in the closest orbits causes violet light of even shorter wavelengths. Continuing this inward progression, we reach the gamma rays, which are caused by oscillations within the atom’s nucleus.

In all these processes of radiation, the power of the photon depends on the wavelength in which it manifests. This is known as the “Compton effect,” by which a collision between photons and electrons reveals that as the photons give off energy as they ricochet around during the collision, which lowers the frequency of their wavelength, and thus give off a more reddish light.



**The de Broglie Equation** – Evidence of the photon enriched the corpuscular theory of light. However, certain phenomena remained on the edge and were only explainable by the wave theory, which science still had not accepted.

Then, the scholarly French physicist Louis de Broglie appeared on the scene of the argument and enunciated the following principle:

“Understanding that under certain circumstances light waves behave like particles, why do not particles of matter, under certain conditions, behave like waves?”

And he added that each particle of matter is accompanied by the wave that carries it.

Enduring hostility and challenges, he devoted himself to detailed research and devised the equation for defining the length of the wave connected with the particle. He ascertained that when the electrons emitted by Roentgen’s vacuum tube produce short oscillations approximately 10,000 times shorter than those of light, they are borne by waves that are as short as X-rays.

**Wave Mechanics** – Distinguished physicists were not inclined to agree with deBroglie’s new observations. They alleged that his theory was incompatible with the phenomenon of diffraction, and they asked him to prove the diffraction of the electrons. They did not accept the existence of particles having properties, which, in their opinion, were solely characteristic of waves.

A short time later, two American scientists projected a stream of electrons onto a crystal of nickel and registered the existence of diffraction, in conformance with de Broglie’s principles.

Consequently, wave mechanics was firmly established in the realm of science.

More than half of the universe was recognized to be a realm of oscillations, with the other half comprised of matter equally susceptible of converting into waves of energy.

It was as though the material world had disappeared, giving way to a vast fabric of particles in motion, carrying vortices of innumerable frequencies of waves crisscrossing in all directions without mixing together.

Human beings finally realized that matter is a mere garment of forces that serve them in the multiple aspects of nature, and that all the realms of palpable substance can be fully analyzed and explained in mathematical language, even though the causal realm still remains hidden from them, as well as from us – spirits temporarily outside the physical life.

**Einstein’s “Field”** – We knew about the gamut of waves; we knew that light travels in corpuscular bundles called “photons”; we knew that the atom is a vortex of positive and negative forces, whose powers vary with the number of electrons or particles of force around the nucleus; and we also knew that, upon condensing, energy becomes mass, subsequently transforming back into energy. Nevertheless, the subtle medium in which atomic systems oscillate could not be grasped by our knowledge. Up to this point, we had called this “indefinable realm” the “ether.” However, when Einstein tried to imagine its essential properties being able to transmit waves of billions of oscillations at the speed of 300,000 kilometers<sup>24</sup> per second, he could not fit the necessary mathematical immensity into a formula, because the qualities that this **matter** would have to possess were not combinable. Therefore, he concluded that the ether **did not exist**, and he proposed to abolish the “ether” concept altogether and replace it with the “field” concept.

Consequently, a “**field**” came to designate the space dominated by the influence of a particle of mass.

In order to get an idea of this principle, let us imagine a flame. The area illuminated by it is its particular field. The intensity of the flame’s influence decreases as the distance from its center increases, in accordance with specific fractions – 1/2, 1/4, 1/8, 1/16, etc., thus revealing increasingly smaller and smaller fractional values that never hit zero, because, in theory, the reach of the field or area of influence is infinite.

Actually, Einstein’s proposal does not solve the problem. The question regarding the **field’s basic matter** continues to defy reason and it is why, in writing from the extra-physical realm in an attempt to analyze more accurately the phenomenon of mediumistic transmission, we will define the subtle medium in which the universe is kept in equilibrium as being the Cosmic Fluid or Divine Breath, the force inaccessible to us that upholds all of creation.

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<sup>22</sup> Radiation pressure is the [pressure](#) exerted upon any surface exposed to [electromagnetic radiation](#). Radiation pressure implies an interaction between electromagnetic radiation and bodies of various types, including clouds of particles or gases ([http://en.wikipedia.org/wiki/Radiation\\_pressure](http://en.wikipedia.org/wiki/Radiation_pressure)). – Tr.

<sup>23</sup> According to Maxwell’s theory of electromagnetism, an electromagnetic wave carries momentum, which can be transferred to a reflecting or absorbing surface hit by the wave ([http://en.wikipedia.org/wiki/Radiation\\_pressure](http://en.wikipedia.org/wiki/Radiation_pressure)). – Tr.

<sup>24</sup> 186,000 miles – Tr.

## 4

# Mental Matter

**The Creator's Thought** – Identifying the Elementary Fluid or Divine Breath as the base that maintains all the associations of form in the innumerable realms of the cosmos – of which we know the electron to be one of the base-particles in the organizations and oscillations of matter – we can say that the universe is a whole of dynamic forces that express the Creator's Thought. And, superposing his impenetrable grandeur, we discover that our own mental matter is in constant movement, coalescing temporary creations connected with our need for progress.

In both the macrocosm and microcosm, we come in contact with the manifestations of the Eternal Wisdom, which mobilizes countless agents to structure systems and forms in an infinite variety of degrees and stages; and amid the infinitely small and the infinitely large lies the human intelligence, which is also gifted with the ability to visualize and co-create by utilizing, to that end, resources intrinsic to ambient life.

At the foundations of Creation vibrates the unfathomable thought of the Creator, and upon that divine plasma vibrates the fathomable thought of the creature, comprising the vast ocean of mental forces in which the powers of the spirit are made manifest.

**The Creatures' Thought** – From the Elementary Principle that flows incessantly in the cosmic field, we can probe – albeit imperfectly – the profound energies that produce electricity and magnetism, although we cannot frame them in precise earthly definitions; and from the mental matter of created beings we can study the thought or energetic flow from the spiritual field of each one of these beings and find it to be gradated into the most diverse types of waves, from the super-ultra-short waves – in which the angelic legions express themselves through processes still inaccessible to our observation – to the short, medium, and long oscillations, in which the human mind is exteriorized, as well as the fragmentary waves of the animals, whose

psychic lives are still in seed-like form and emit only certain discontinuous thoughts or waves.

Perfected spirits, whom we know as angelic powers of the Divine Love, operate in the microcosm and macrocosm in the name of Wisdom Excelsis, creating suitable, multiform conditions for the expansion, sustentation, and projection of life within the various spheres of nature in order to accomplish celestial purposes that we are far from perceiving for the time being. The human mind, indirectly controlled by a higher command, uses the stockpile of the planet's resources to perfect its own resources on its ascent to the angelic plane, whereas the embryonic mind of the animals, influenced by human guidance, is positioned hierarchically to strive in the lower echelons of the earth to attain Humanity.

**Mental Particles** – Thought is the essential agent, the living foundation for all accomplishments on the physical and extra-physical planes. Nevertheless, thought is still matter. It is mental matter, in which the laws of formation of magnetic charges or atomic systems prevail in a new sense to compose the marvelous sea of subtle energy in which we are all immersed, and in which there are elements that transcend the periodic table of the world's known chemical elements.

But even in thought there are particle formations based on atomic systems in different vibratory states, and we can look at the atoms on both the physical plane and the mental plane as being associations of positive and negative charges.

This compels us to label such principles “mental nuclei, protons, neutrons, positrons, electrons or photons,” because we lack analogous terminology to express what we mean more accurately.

Thus, the vital halo or aura of each individual is woven from the subtle atomic currents of his or her own thoughts or those that are habitual to him or her, within the norms that correspond to the law of “quanta of energy,” and to the principles of wave mechanics, which imprint them with their peculiar frequency and color.

These forces are in constant, synchronized movement, or states of agitation due to the impulses of the will, thus establishing a mental wave that is characteristic of each person.

**Mental Matter and Physical Matter** – In their most ordinary state, i.e. accommodated to the ordinary feelings of normal human beings, whole mental atoms, regularly excited in the realm of thought, produce very long waves. These correspond to the simple upkeep of the individuality and entail

the maintenance of heat. If the mental electrons in the orbits of atoms of the same nature are agitated in less-common states of mind, such as states of attention or **peaceful tension** resulting from meditation or natural prayer, the thought field will produce medium length waves. These correspond to the acquisition of experience on the part of the soul and entail the production of inner light. However, if the excitation originates in the tiny atomic nuclei under extraordinary mental states such as strong emotions, unspeakable pain, laborious and diligent concentrations of mental power, or afflictive prayer, the thought field will emit very short waves. These correspond to an immense transformative power of the spiritual field, theoretically similar to those approximating the gamma rays.

Thus considered – albeit from perspectives that are fundamentally different – mental matter obeys principles identical to those that govern atomic associations in the physical sphere, thereby demonstrating the divine unity of the plan of the universe.

**Mental Induction** – Recalling Einstein’s “field,” let us picture the human mind as a flame. Just as the flame’s influence diminishes with the distance from the center of combustion, demonstrated by ever-decreasing fractions that never reach zero, an emitted mental stream acts according to the same principle, in spite of the difference in conditions.

This stream of mental particles is emitted by each spirit as mental induction, the strength of which depends on the spirit’s faculties of concentration and level of persistence at reaching its objectives.

In the realm of electric energy, induction is the process by which a body with electromagnetic properties transmits them to another body without visible contact. Likewise, in the realm of mental powers, induction involves the exact same process, for a mental stream is capable of reproducing its own peculiarities in another mental stream that is attuned to it. In both electricity and thought, the phenomenon obeys the conjugation of waves as long as the flow of energy lasts.

Thus, we can clearly see that mental matter is the subtle instrument of the will. It acts on the formations of physical matter, generating motives for pleasure or disgust, joy or suffering, optimism or despair. These are not mere abstractions. They are vortices of energy in which the soul creates its own states of mental induction, attracting to itself agents (for now, imponderable on earth) of light or darkness, victory or defeat, misfortune or happiness.

**Thought-Forms** – Using mental principles, which exert their influence in all directions, telementation and reflection control all phenomena of

association, from the mating of insects to the communication of high order spirits, whose social system is veiled to our understanding for now.

When we emit an idea, we proceed to reflect those that resemble it. This idea soon materializes with an intensity that depends on our persistence in sustaining it, spontaneously keeping us in communication with all those who espouse the same feeling.

It is in this projection of energies, determining the compulsory interaction with all incarnate or discarnate minds, that our spirit moves in the world of thought-forms. Thought-forms are actual constructions in the realm of the soul, and they may either free our steps the good or enslave them on the pathway of evil. It is up to us. This is so, because, just as individuals either build pathways for their own expansion or fashion shackles for themselves, the mind of each individual, due to the currents of mental matter he or she exteriorizes, is either raised to gradual liberation on the road to the higher realms, or it remains stuck in the lower realms, like someone who maps out a vast labyrinth beneath his or her own feet.

## 5

# Electric Currents and Mental Currents

**Spiritual Dynamo** – Even if science still stubbornly opposes the realities of the spirit, it is imperative to agree that, concerning the associations of atoms under human study, the intelligent associations of mental matter always prevail.

In essence, the spirit, whether incarnate or discarnate, can be compared to a complex dynamo, where psycho-physical activity transmutes into mental-electromagnetic forces. These forces, in the laboratory of cells in which they circulate and harmonize with one another, display the properties of agents and receptors, conservers and regenerators of energy.

To make this more understandable, let us imagine this dynamo as being a generator, inductor, transformer and collector all at the same time, and that it has the ability to assimilate continuous currents of force and exteriorize them at the same time.

**Electric Generator** – Let us recall that an electric motor runs on a current furnished by atomic resources from the material plane.

Moreover, for the simple purpose of studying the transmission of mediumistic energy, where mental matter is the basic substance, let us also recall that the electromotive force comes from the agent that produces it in a closed circuit.

We can say that an electric generator is a source of electromotive force, although it is not an automatic force but rather a characteristic of the generator, where the energy absorbed in a particular form is converted into electric energy.

The generator in this case does not actually create an electric current but produces a certain difference in power between its terminals or ends, thereby setting electrons in motion.

Let us picture two separate electrical fields, each with an opposite charge and a potential difference between them. When a conducting wire is hooked up to them, the electric current travels from the negative terminal to the

positive terminal, until equilibrium is reached, nullifying the existing potential difference.

If we want to maintain the power difference, however, it is necessary to place an electric generator between the two. The generator will produce a constant flow of electrons between them, since the current will circulate in the conducting material because of the electric field that exists between the two bodies.

**The Mediumistic Generator** – Let us now imagine the flow of mental-electromagnetic energies, or fulcrum of waves from the communicating spirit and the medium, as two separate fields with positive and negative qualities, respectively, with a potential difference, which, for our purposes here, comprises a certain capacity for a specific connection.

Once a “conducting wire” is established from one to the other – in this instance represented by the medium’s **thought of acceptance or adhesion** – a mental current of this or that sort is established in an interplay of action and reaction until the necessary equilibrium between the two is attained, thereby nullifying the existing difference through the integration of their combined forces in a climate of affinity.

If we want this connection to continue, a power generator must be maintained between the two. In this case it is the medium’s **continuous thought of acceptance or adhesion**, through which there is a constant flow of combined energies between them. The current of mental forces destined to produce this or that phenomenon or service will thus circulate in the mediumistic conductor due to the field of mental-electromagnetic energies between the communicating spirit and the medium.

**Atoms and Spirits** – So that we may more easily understand the question of vibratory compensation in the production of an electric current, on the one hand, and a mental current, on the other, let us remember that, according to Coulomb’s law, the charges from an opposite signal or centripetal force attract each other, and that this attraction is counterbalanced by repulsion due to charges from a like signal or centrifugal force.

In an atomic system, electromagnetic harmony occurs when it is neutral, or rather, when the positive units, or units in the nucleus, are the same in number as the negative units or those that comprise the electrons, a stability that results from the principles of gravitation in the realms of the microcosm.

Thus we can say that there is a unit of potential difference between two points in an electric field when the action to transport one unit of charge (or 1 coulomb) from one point to the other is equal to the unit of work.



Understanding that the same principles predominate for currents of mental matter – despite other modalities of sustentation and manifestation – we are led to assert by analogy that there is a capacity for affinity between one spirit and another when the molding and projecting of the communicating spirit’s mental matter is more or less equal to the receptivity and expression of the medium.

**Electromotive Force and Mediumistic Force** – We know that, just as there are sources of electromotive force available everywhere due to the wise distribution of electrical charges – to be found at each step of the way in the growth of industry and progress – there are also various sources of mediumistic force due to the harmonious, conscious or unconscious exchange of mental principles or currents. Furthermore, we can observe them on our pathway nourishing the large initiatives of aid for people’s needs and cultural expansion.

There are numerous power plants on the earthly landscape, feeding systems of light and power to create comfort and activity in cities and towns, fields and farms. Similarly, mediumistic groups of different sorts are increasing on the world’s moral stage, nourishing the greater and lesser institutions of religion, science, philosophy, education, art, labor, consolation and charity, driving the evolution of the spirit on the physical plane.

**Low-Level Sources** – Furthermore, there are sources of low-level electric power that are used for non-industrial processes, in which we get electricity by friction or contact, electrostatic induction and other diverse effects such as the piezoelectric effect commonly used in the construction of microphones and loudspeakers – things meant for sound reproduction and radio-technical frequency control; the thermoelectric effect used to make the electric pyrometers for calibrating high temperatures; and the photoelectric effect used in various types of measuring instruments.

By analogy, there are sources of low level mediumistic force expressed in the non-ostensive manifestations (from the public display point of view) by which selfless servants of the good are able to restore the morality of this or that rebellious spirit, heal a certain number of ailing souls, reiterate spiritually constructive warnings, assist with multiple types of suffering, or ennoble the conduct of the family group to which they have dedicated themselves.

However, in all mediumistic activities – whether great or humble – where the mind demands the construction of the good, the importance of the work to accomplish and the light from the Higher Life are always the same, enabling spirit to talk to spirit in the ongoing work of perfection and sublimation.

## 6

# The Electric Circuit and the Mediumistic Circuit

**The Electric Circuit Concept** – The electric circuit concept denotes the extent of the conducting material through which an electric current flows whenever there is a sustained potential difference at both ends.

The circuit thus makes use of a conductor for the current to go out and another for it to come back. This entails a generator and implements of utilization to do the work of generating, transmitting, transforming and distributing the power.

In order to perform such activities, the electronic components used in basic circuits have special properties, such as generation, manipulation, protection and measurement.

**The Mediumistic Circuit Concept** – The mediumistic circuit concept denotes the extent of the magnetic integration field in which a mental current circulates if there is psychic attunement between the two ends, or more specifically, between emitter and receiver.

The mediumistic circuit thus entails a “*will-request*” and a “*will-response*,” respectively, in this “to and from” process and it requires the command of the communicating spirit and the cooperation of the medium. This phenomenon is fully applicable both to the sphere of discarnate spirits and that of incarnate spirits. It expresses either a natural or an induced union in the realms of the intelligence, and includes the whole work of association, assimilation, transformation and transmission of mental energy.

To accomplish such activities, the sender and receiver possess particular abilities in the resources of the brain, within which basic circuits of the nervous field are engaged, performing the spirit’s spontaneous functions such as ideation, selection, self-criticism and expression.

**Open Circuit and Closed Circuit** – In the conventional sense, the current in an electric circuit leaves the positive pole of the generator, circulates

through the implements of utilization, and then returns to the generator's negative pole, from which it passes through the generator's internal workings back to the positive pole, continuing on its course.

However, for the current to keep flowing, the switch has to remain in the "on" position; that is, the circuit has to be closed. The current cannot circulate when the circuit is open.

The mental current in the mediumistic circuit is also equalized between the communicating spirit and the medium. However, for the flow of energy to continue, the medium's **continuous thought of acceptance or adhesion** has to remain steady, or more precisely, the mediumistic circuit has to remain closed. In a state of open circuit or inattentiveness, the current of mental association cannot be articulated.

**Resistance** – Every electric circuit displays distinct peculiarities called "constants" or "parameters," i.e., resistance, inductance and capacitance.

Resistance is the property that indicates the expenditure of electric energy within the circuit, as an amount of heat. This corresponds to the expenditure of friction in mechanics.

Likewise, in the mediumistic circuit, resistance indicates the dissipation of mental energy used in sustaining the connection between the communicating spirit and the medium.

**Inductance** – In the electric circuit, inductance is the property by which energy is accumulated in the magnetic field caused by the current, keeping it from increasing or decreasing. Because of inductance, whenever the current varies there is an increase in force within the circuit and this increase opposes the change. This makes inductance a characteristic similar to the result of inertia in mechanics. If the electric circuit is suddenly interrupted, there is an electric discharge, the consequences of which vary with the strength of the current, since the circuit, involving coils and motors, is characterized by a deeply inductive nature, and such implements must not be shut down suddenly but slowly. This is the only way to prevent power surges that may cause shut-downs or disastrous ruptures in the implements of utilization.

The same thing occurs in the mediumistic circuit due to the mental-electromagnetic energy stored in the field of the mental connection between the communicating spirit and the medium, caused by the equilibrium between them, opposing possible variations. Due to this principle, if there is any alteration in the mental current, an increase in force occurs in the depths of the mediumistic connection to hinder the variation. If there is violent interference that causes sudden changes, inductance on the mental plane

causes a magnetic discharge, the effects of which vary according to the strength of the connection. This is because the mediumistic circuit, entailing physiopsychosomatic devices and complex cellular tissues on the physical and spirit planes, is strongly inductive and must not be subjected to untimely interruptions. It is necessary to lessen its intensity when it is drawing to a close so as to prevent the formation of magnetic current surges that may cause maladjustments and physical, perispiritual and emotional disturbances with unforeseeable consequences for the medium and the communicating spirit.

**Capacitance** – In an electric circuit, capacitance is the property that allows energy to accumulate within the electric field. This energy accompanies the presence of voltage, and has an effect similar to elasticity in mechanics.

The devices that store energy within the circuit's electrostatic field are called capacitors or condensers.

A capacitor, for example, accumulates electric energy during charge and restores it to the circuit upon discharge.

Under like circumstances in the mediumistic circuit, capacitance is the property by which the accumulation of spiritual resources takes place within the circuit. These resources depend on the measure of psychic attunement.

The elements capable of condensing this power within the magnetic field of the mediumistic connection are expressed in the conceptual and interpretive capacity in the medium's mental region, which accumulates the ideas received from the spirit that commands it, conveying it as faithfully as possible for the work of the mediumistic circuit during communication.

Such analogies are valuable because they explain why, in mediumistic tasks organized for worthy ends, it is always necessary to form a circuit in which each medium remains subordinate to the traditional "spirit guide" or other guide from the Spirit Realm.

# 7

## Circuit Analogies

**Electrical Velocity** – Let us study a few more primary issues regarding electricity so that we may fully understand the issues involved in mediumistic communication.

We know that the velocity of electrical impulses is the same as that of light – 300,000 kilometers<sup>25</sup> per second.

Thus, we can see that if we were to stretch out a conductor made of copper wire for 300,000 kilometers, and if at one of its ends we were to inject a certain quantity of free electrons, one second later the same quantity of electrons would reach the opposite end.

Even so, we have to remember that the velocity of the electrons depends on the immanent properties of the electrical pressure and the resistance of the conducting element, just as the velocity of a flow of liquid depends on the pressure applied and the resistance of the pipe.

**The Continuity of Currents** – Based on the generator and the resources involved in the equipment being used, the circulation of an electric current within a closed circuit may be roughly compared to the flow of water through a section of pipe.

If we use a pump to keep continuous pressure on the liquid, the collateral line of the circulatory artery will continue to be traversed by the same amount of water in the same amount of time; likewise, if we use a generator to supply a uniform electric circuit, the degree of the current's strength will remain constant at each point in the circuit.

A small quantity of electrons will produce a current of almost imperceptible strength, just like a few drops of water injected into the pipe will form only a weak and incomplete flow.

Exactly as a liquid current is necessary for constant circulation and mass, jolts of billions of electrons per second are needed to maintain a constant electric current.

**Expressions by Analogy** – By applying the above concepts to our study

of mediumship, we can show the analogy between hydraulic, electric and mediumistic circuits as follows:

- a) Course of water – flow of electricity – mediumistic current.
- b) Hydraulic pressure – difference in electrical power, determining harmony – psychic attunement.
- c) Obstructions within the pipe – electrical resistance of the circuit through the conductors – inhibitions or inattentiveness of the medium, preventing equilibrium in the mediumistic circuit.
- d) In order for the course of water to present a uniform hydraulic pressure, overcoming the resistance of friction, the help of a pump or the solution to the problem of water level is necessary; in order for the electric current to be kept at an invariable strength, equalizing the impositions of electrical resistance, the generator has to ensure the difference in power, feeding the process with a large charge of electrons according to the applications of power; and for the complementation of the mediumistic circuit to be ensured, with the possible annulment of any deficiencies in the communication, it is necessary that the medium or mediums working together for a determined task willingly devote themselves to maintaining the continuous **thought of acceptance or adhesion** to the plan of the spirit or spirits from the Higher Sphere who want to utilize them in the work of elevation or assistance. As far as possible, mediums must nourish that thought or conductive resource, continuously enriching it with the qualities of time, condition, sentiment and education, with the highest understanding of the beneficent or instructive work to be accomplished.

**The Need for Attunement** – One should not see in our statements any inclination to disregard the medium's will, which would convey an obvious disrespect for the human personality's inviolable free will.

We simply make note of the need for attunement in endeavors where Intelligences are working together for ennobling purposes. In reality, mediums engaged in the work of the Higher Realms – whether in deeds of charity, enlightenment, education or consolation – must abolish any extra concerns involving waste of time or subaltern interests in their daily lives. Through their own efforts, and not by the demands of Benevolent and Wise Spirits, they should maintain a climate of joyfully accepted responsibility and voluntary work, furthering the preservation and enrichment of the conductive agents of their mental life regarding the enhancement of their own

cooperation, with faith in the good, and a solid disposition of sacrifice for the service to be rendered.

Of course, our purpose here is to actively study constructive mediumship and not the mediumistic phenomenon per se, which is subject to being identified at every step, including the complex problems of obsession.

**The Constraint of Circuits** – We must remember that the circuit analogies presented here are indeed limited. In actuality, there is nothing in the circulation of water that corresponds exactly to the magnetic effect of the electric current, just as there is nothing in the electric current that comes close to the spiritual effect of the mediumistic circuit.

We make use of these comparisons only to inform our friends-in-learning about the image of “circulating currents,” further reminding them that the normally slow liquid current, the very fast electric current, and the super-fast mental current may be adapted, controlled, used, or conducted, but they cannot bear indefinite storage or constraint, or else they will cause pools, explosions and ruptures, respectively.

**The Conduction of Currents** – For the useful distribution of water in hydraulic circuits, suitable reservoirs, channels, dams and floodgates are required.

Just as in the management of the electromotive force in the application of electric currents in corresponding circuits, we cannot do without intelligently-built alternators for the appropriate supply of diverse currents and voltages in the production of various utilities.

Regarding the use of the mental current in the mediumistic circuit, we need receiving instruments capable of meeting the requirements of the emission for any work of lofty essence; hence we can see that, regarding their effects, the liquid current, the electric current, and the mental current depend on the conduction exerted on them.

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<sup>25</sup> 186,000 miles – Tr.

## 8

# Mediumship and Electromagnetism

**Exuberant Mediumship** – In applying the concepts of electricity to the study of the mediumistic circuit, it will be worthwhile to start by making a few brief remarks.

In most metals, especially copper, silver, gold and aluminum, free electrons are easily detached from the atom, which is why these elements are called conductors.

This occurs because these free electrons are detachable by applying electric pressure. When an atom lacks one of its electrons, it immediately dislocates an electron from an adjacent atom, thus establishing the electric current in a certain direction, always expressed through the metal, allowing the atoms to remain in a harmonious state.

This is a picture of individuals gifted with exuberant and spontaneous mediumship, those in whom the psychic sensitivity is capable of being naturally traversed by similar mental radiations. These individuals require an adequate education for using their abilities rightly.

**The Electric Current** – For our topic to be made clearer, we must include an in-depth study of magnetism in our preliminary comments.

Whenever we undertake the study of magnetic fields, the magnet is always the starting point for any discussion on the matter.

A magnet is an element that has the ability to attract bits of iron or steel. If it is free to spin around an axis, it assumes a definite position relative to the geographic meridian, invariably with the same end turned towards the earth's northern pole.

To establish a few ideas about the matter, we can say that an electric current is the source of the magnetism with which we are familiar both on the earth and on the spirit plane.

We can understand the mental current in the same way. It, too, is a current that is electrical in nature, although less ponderable in the physical sphere.

When an electric current passes through this or that conductor, magnetic



effects of corresponding strength will appear around it. Whenever we want to produce magnetic effects we must seek the aid of such electric current.

We know, however, that electricity vibrates in every corner of the infinitely small.

We know that an electron carries an electric charge of approximately  $1.6 \times 10^{-19}$  coulombs.

Besides their movement of translation or **jumps** around the nucleus, electrons are also characterized by a certain movement of rotation around their own axis – if we may so refer to the particles that manifest them. This produces an effect known as *spin*.

**“Spin” and “Domain”** – Generally speaking, in the layers of the atomic system, the so-called “spins” – diminutive magnetic vortices – display either a positive or negative property, thereby compensating one other. However, this does not happen in certain elements such as the iron atom, in which there are four spins or misadjusted magnetic effects in the peripheral layers. This causes the advanced magnetic peculiarities that are exteriorized from it, because, combined with other atoms of the same substance, these work together to cause the spontaneous formation of microscopic magnets, or more properly, “domains.”

These domains are expressed in an irregular or disordered manner, although they have the tendency to line up, as, for example, in the above-mentioned iron atom.

Domains tend to adjust automatically in conformity with one of three axes of the crystal of that element, but they undergo obstruction from inter-atomic energies that function like sources of friction against any possible change in their particular magnetic condition. However, if the magnetic intensity of the field is increased, reaching a certain level with the capacity to ensure the orientation of each domain, each affected domain immediately comes into magnetic alignment, and, as the field expands, all domains standardize according to the same orientation, which gradually increases the magnetic flow.

As soon as all the domains take on the exact same direction, it is said that the **body** or **matter** is saturated, or, more precisely, that all the valences of the atomic systems that comprise that **body** or **matter** are occupied.

**The Essential Magnetic Field** – The association of the so-called “domains” gives rise to the lines of force that weave the essential magnetic field, that is, the area around a magnetic pole.

This field is capable of being fully probed by using a magnetic needle.

We know that a magnetic pole is characterized by an intensity analogous to the unit when it is placed at a distance of 1 centimeter from an identical pole, thereby establishing a force of repulsion or attraction between both equivalent to 1 dyne.

This is the way the **oersted** designates the intensity of the field that acts on the unitary magnetic mass with the force of 1 dyne.

If the field is significantly reduced, with approximately 0.2 oersted making up its horizontal component and 0.5 oersted its vertical component, the magnetic fields, in the usual currents of electrical application, demonstrate a high degree of intensity, as occurs in the field characteristic of the annular gap of a loudspeaker that measures approximately 7,000 to 14,000 oersteds.

It is easy to see that, in all the atomic elements in which the magnetic affects or “spins” are compensated, the “domains” or microscopic magnets are balanced in their inter-atomic constitution with adequate indices of harmony or saturation, by which the magnetic field shows regularity. This does not happen in elements in which the “spins” of the peripheral layer show decompensation, or in those that are in a state of excitability.

On the earth there are natural magnetic substances and those that can acquire magnetic qualities artificially, mainly iron, steel, cobalt, or nickel and their alloys. Deserving of special mention are “soft” iron, which stays magnetized only as long as it is subject to the magnetizing action, and tempered steel, which stays magnetized for some time after magnetization ceases because it retains remnant magnetization.

**Ferromagnetism and Mediumship** – Based on the preceding brief comments regarding electrical circuits and magnetic effects, we can use ferromagnetism as an important point for the study of mediumship. We can perceive in minds adjusted to the imperatives of human life – even in those with a normal mediumistic sensibility – those individuals where the “spins” or magnetic effects of spiritual activity are harmonized, presiding over the formation of the “domains” or diminutive magnets of the inner world in a process of integration, through which the magnetic field shows itself to be interconnected to everyday emotions. On the other hand, in mental organizations where the spins or magnetic effects of thought are unbalanced, the magnetic properties display an increased level – the greater the decompensation the higher the level – forming variable mediumistic conditions, since they demand the aid of energy currents that will offer the necessary equilibrium. This happens with the virtuous souls who accept missions of selflessness and renunciation in the lower spheres, where they

stay in a position of unevenness, as well as the less-noble souls – albeit in a totally different sense – who are segregated due to afflictive maladjustment in reparatory reincarnations for having trespassed against the divine law.

Thus, we can see that minds that are wholly attuned to the physical sphere have a reduced magnetic field, whereas those in anomalous conditions have a larger magnetic field that can be increased, either in activities related to the practice of good or in those related to the practice of wrongdoing.

**“Vibratory Decompensation”** – We should have no problem realizing that mediumship, or the capacity for attunement, is present in all human beings because they all possess a particular magnetic field. This magnetic field is always more pronounced in those who are temporarily undergoing “vibratory decompensation,” whether in a purging condition or on a lofty mission, manifested either in the expiatory endeavor of the soul that has yielded to moral delinquency or in the missionary activity of higher-minded spirits that have dedicated themselves to the blessedness of sacrifice out of love, enduring shorter or longer periods of earthly reincarnation for the purpose of bringing from the Higher Realms invaluable contributions for the progress of human thought.

## 9

# The Brain and Energy

**Generators and Motors** – In the production of direct current electricity (DC), there are generators, capable of creating electromotive force and supplying a current, and there are motors, capable of delivering a determined amount of power.

In machines designed for such work, wire is wound around a drum in either an overlapping or wavy manner, with various technical particularities.

Keeping in mind that there are many apparatuses of this kind, let us recall that most generators are self-excited.

Thus, in order to solidify meaningful comparative images regarding this subject, let us repeat analogies from previous chapters regarding **attention** and **inattention** to more surely anchor our study concerning the creation of mental energy and its respective expansion.

**Shunt Generator** – Let us use the example of a shunt generator, in which the electric current phenomenon is more open to our examination.

Picturing the generator's switch as open, when the armature starts to rotate we can see that a small electromotive force is produced by the formation of residual magnetism.

This force, however, does not produce a circulating current within the field.

But if we close the switch, the electromotive force does produce a current within the field, which in turn sets in motion the formation of a magnetomotive force identical to that in which residual magnetism is expressed, increasing the current until the electromotive force reaches its peak in conformance with the field's overall resistance.

The increase in voltage ceases at the point where the line of resistance breaks the curve of saturation. Above this zone, the generated electromotive force is less than what is needed to sustain the strength of the exciting current.

**Interruption of the Electric Current** – The current from a generator may not increase due to different causes, of which we will highlight the most

important:

- 1) The lack of residual magnetism if the device is new or has not been used in a long time.
- 2) Inverted connections in the field's circuit because, if residual magnetism is needed to produce additional activity in the magnetic circuit, it is crucial for the shunt's field to be connected to the armature in a way that the resultant excitation current engenders the electromotive force to be added to the residual field.
- 3) Excessive resistance in the field's circuit because of faulty connections or the harmful influence of accumulated debris in the machine.

**The Brain as Generator** – By analogy, we can picture the brain as a self-excited generator, further endowed in its inner structure with advanced implements for the generation, excitation, transformation, induction, conduction, exteriorization, assimilation and dissimulation of mental energy – as if an ordinary generator performed not only the function of creating electromotive force and the consequent magnetic potentials in order to supply it in a certain direction, but also all the resources of modern radio and television emitters and receivers, in addition to capabilities still unheard of on earth.

Raised above the various departments of the body that function as motors of support, the brain, with its own special cells, contains veritable microscopic power plants. The tiny particles of germanium contained in the transistor in small radios provide a rough example of these plants.

It is there, in that prodigious microcosm, that mental matter, at the impulse of the spirit, is manipulated and expressed in constant movement to produce currents that are exteriorized in space and time, maintaining a broader power in the aura of the personality in which it is expressed through continuous action and reaction. This process is similar to an ordinary generator where the flow of energy reaches maximum strength according to the overall resistance of the field, lessening in intensity at the saturation curve.

In the indentations of such a compartment, whence the individual expedites the orders and decisions by which he or she traces out his or her destiny, we have, in the cortex, the centers for sight, hearing, touch, smell, taste, spoken and written word, memory and multiple automatisms, in connection with the mechanisms of the mind, configuring the abilities of the deep memory, discernment, analysis, reflection, understanding, and the multiform moral values with which the individual enriches him or herself in the toil of self-sublimation.

In these **centers/provinces** of the individuality circulate mental currents composed of atoms of matter of equal magnitude, as occurs in physical matter, where electrical currents result from excited physical atoms, forming as they travel along the consequent magnetic residue. From this we can easily infer the existence of electromagnetism both in the inter-atomic systems of physical matter and those of mental matter.

**Thought Current** – Since thought is a subtle and inexhaustible force of the spirit, we can classify it as a living, exteriorizing current with unimaginable faculties of self-excitation and self-plasticization.

Similar to a shunt generator, if the mind remains inattentive – as if maintaining the brain in an open circuit – a reduced mental-creative force is formed in the intracranial world but it does not cause a current to circulate in the individual field; however, if the mind is concentrated, making its own oscillations converge on itself, the generated mental-creative force does produce a current in the field of the personality, and this, in turn, causes the formation of mental energy analogous to that in which residual magnetism is expressed, increasing the flow until the force reaches maximum strength, in accordance with the resistance of the previously referred-to field.

In this phase we can see the same phenomenon as that of a voltage increase in the electric generator, for in the physiopsychosomatic cosmos the mental-creative current increases to the saturation point, from which it extends, with a lesser expression of potential, in the direction of its objectives, according to its desires.

**Nullification of the Mental Current** – If the mental or mental-creative current is unable to expand, there may be a number of causes, of which, as in the case of the shunt generator, we will highlight the most important:

- 1) The absence of residual magnetism in primitive brains, that is, brains of human beings that are in the early stages of continuous thought, or those of persons who have indulged in profound and reiterated spiritual idleness.
- 2) Inverted mental circuits due to harmful monoideism, in the majority of cases made worse by obsessive<sup>26</sup> influences.
- 3) Deficiency in the organic apparatus due to infirmity or temporary disturbances caused by the person's laxity in caring for his or her body.

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<sup>26</sup> A pernicious spirit's influence. – Tr.

# 10

## Mental Flow

**The Electric Particle** – With a cursory study of particle physics, we know that as every particle moves about, it generates a characteristic wave formed of vibrations from the electric field, vibrations that are related to the atomic number of the elements.

By conjoining the thermoelectric processes with the magnetic field, science can precisely measure the charge and mass of electrons, demonstrating that, in infra-atomic particles and corresponding electromagnetic pulsations, energy is diffused through a simultaneous movement.

We can also see that the circulation of the electric current through a conductor is invariably followed by the creation of heat, the formation of a magnetic field around the conductor, the production of light, and a chemical reaction.

The creation of heat is due to the constant collisions of free electrons spontaneously impelled to move along the conductor, associating the speed of this transference or dislocation to their own speed as they orbit around the atoms, which causes the agitation of the atoms and molecules, leading to warming.

The constitution of a magnetic field around the conductor is induced by the movement of the corpuscular currents creating undulating forces of magnetization. The production of light derives from the electric current of the conductor, and the chemical reaction results from the circulation of the electric current through certain solutions.

**The Mental Particle** – Similarly, despite the diversity of processes, every particle of the mental current, born from the innermost emotions and desires of the spirit through the intimate and profound phenomena of consciousness – whose structure we are not yet able to address – is in motion, producing electromagnetic radiations whose frequency varies according to the emitter's mental states. A comparable process occurs with a flame, whose photons,

shooting out in every direction, are composed of granules of force whose power is of greater or lesser intensity, depending on the frequency of the wave in which they are expressed.

**The Sub-Human Mental Current** – In the lower kingdoms of nature, the mental current is restricted to the sustentation impulses in elementary beings, starting with the minerals, predominating in the plants and proceeding on to the realm of animals of simplest formation; then, on to its most complex expression in the higher animals that have acquired broader foundations for the production of continuous thought.

In all sub-human creatures, the mental agents, in the form of constant impulses, are therefore employed in the maintenance of heat and magnetism, radiation and chemical activity in the vital processes of the organic circuits so as to establish, little by little, the foundations of intelligence. One should note that, in the higher animals, these mental impulses are responsible for the invaluable patrimony of advanced perceptions.

**Function of the Mental Agents<sup>27</sup>** – The mental agents, or incessant electromagnetic waves, result in the electric phenomena of synaptic transmission, or transmission of the nerve impulse from one neuron to the next, phenomena that may be extensively studied in the sympathetic ganglia (such as the ophthalmic, stellate, upper cervical, lower mesenteric, lumbar ganglia), in the spinal cord following the excitation of the afferent fibers, in the motor nuclei of the common oculomotor, and in the spinal motor nerves.

We can also see this process in the spinal motor neurons utilizing intracellular electrodes.

Inhibiting, controlling, releasing or transporting the nervous force or the electromagnetic potential accumulated by the mental impulses in the cellular domain, we find the coordination of the various stimuli that maintain the organic equilibrium by means of the various chemical mediators, of which the cells are the essential production and distribution centers.

**The Human Mental Current** – In the human being, the mental current assumes a more elevated and complex aspect.

In the human brain, seat of the soul lifted to nobler stages on the evolutionary continuum, the mental current is not expressed only as an impulse necessary for sustaining the organic circuits based on nutrition and reproduction; it is continuous thought, an incessant flow of energy with unimaginable creative power.

It is born in the depths of the mind, under circumstances that are currently inaccessible to our understanding because, actually, the individual, by



thinking, further creates on top of the Creation or the Concrete Thought of the Creator.

And after it is born, the mental current spreads out over its cellular cosmos, maintaining the admirable factory of the organic elements through visceral and somatic innervation constituted by the spinal reflex, as well as the nuclei and fibers of the central coordination.<sup>28</sup>

Thus, the visceral reflex travels, vibrating in:

- 1) the afferent fibers, whose cellular body resides in the ganglia of the dorsal roots and corresponding cranial nerves;
- 2) the myelinated connecting fibers that originate in the intermediolateral cell column;
- 3) the motor fibers originating in the ganglionic neurons, and which end in the effector organ, called post-ganglionic fibers.

Above the spinal level, it vibrates in:

- 5) the pontobulbar body, where important reflexes, such as blood pressure, are integrated in a hierarchical manner;
- 6) the thalamic and hypothalamic structures, in which the reflexes of the spirit are implemented;
- 7) the cortical structure.

The mental current particularly vitalizes all the centers of the soul, and consequently, all the endocrine organs and plexiform network of the physical power plant, in whose organization the spirit finds the resources for the work of emission and reception, i.e. the exteriorization of its own thoughts and assimilation of the thoughts of others.

**The Auric Field** – Surrounding itself with the radiations of the functional synergies of cellular aggregations of the physical or psychosomatic field, the incarnate or discarnate soul is enveloped in its own aura or tunic of electromagnetic forces, in whose organization circulate the radiations that are peculiar to it.

These radiations appear in a condensed way up to a determined point of saturation, containing the essences and images that configure the soul's innermost desires, in a spontaneous process of self-exteriorization, a point from which its mental wave extends outward, acting upon all those with whom it has affinity, and collecting the influence of all those that are sympathetic to it.

In this way it extends its own influence, which, in the fashion of the **field** proposed by Einstein, diminishes with the distance from the emitting center of

consciousness, becoming smaller and smaller, but extending to the infinite universe.

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<sup>27</sup> We acknowledge our appreciation to Dr. Sonia Doi, from the U.S. Spiritist Medical Association, for her help with the medical terms. – Tr.

<sup>28</sup> Central nervous system. – Tr.

# 11

## Mental Wave

**Hertzian Wave** – Summarily examining the corpuscular forces that make up all the atomic currents on the Physical Plane, it is not difficult to see that, in thought, or mental radiation, resides the substance of all the phenomena of the spirit, expressed in waves of multiple frequencies.

We can make use of an imperfect idea and start by comparing thought to Hertzian waves, viewing the brain as both an emitting and receiving apparatus at the same time.

**Thought and Television** – Making use of another equally incomplete example, let us take television, which operates by using powerful, duly controlled electronic bands.

In transmitters of this type, it is crucial to harmonize the equipment needed for collecting, transforming, broadcasting and receiving sounds and images simultaneously.

Likewise, to a certain extent, thought – composed of waves – acts from brain to brain much like the stream of electrons acts from emitter to receiver in television.

We know that each spirit is a generating center of life wherever it may be.

Furthermore, we know that every type of life begins with a mental impulse.

Whenever we think, expressing our inner field by means of ideation, speech, attitude, and example, we create thought-forms or image-molds, which we scatter all around us due to the psychic atmosphere that characterizes our presence.

To all those who consciously or unconsciously accept our way of feeling and being, we are like a hypnotist acting on the person being hypnotized; likewise, the inverse occurs when we accept others' ways of being and feeling.

The spiritual field of someone who makes a mental suggestion generates, within the ambit of his or her imagination, the outlines or plans that he or she

proposes to exteriorize, thus resembling the video-camera of the ordinary transmitter, where the iconoscope, fitted with the proper lens, focuses in on a scene on the sensitive face of the mosaic that exists on one of its extremities, while a scanner, situated at the other end, furnishes a fine stream of electrons or scanning beam that travels over the whole surface of the mosaic.

When the scanning beam reaches the surface of the mosaic, an electric current is released from it in a strength that is proportional to the light in the area it is crossing. Knowing that the stronger or weaker light at the diverse points of the mosaic is equivalent to the image reflected on it, we can easily see that the variations in intensity of the current furnished by the mosaic is equivalent to the metamorphosis of the scenes into electricity. These variations account for the modifications of colors and their respective semitones.

Upon striking the mosaic, the images projected through the camera's focalizing device become invisible to the naked eye.

During this transmission phase, the various points of the mosaic accumulate a stronger or weaker electric current, depending on the incident amount of light on them.

Only after this operation, which proceeds with various technical minutiae, does the scene pass to the transmitter of the image to be reconstituted by means of the kinescope or picture tube in the receiver. This tube functions much like an iconoscope, although they do not physically resemble each other.

**Cells and Parts** – As far as we can apprehend in our present state of evolution, the brain – seat of the spirit's manifestation – is a much greater masterpiece of organization from the mental structure point of view. It possesses, in the cells and implements that serve it, apparatuses corresponding to the parts used in television for sending and receiving electronic currents, exteriorizing its own characteristic waves, carrying stimuli, images, voices, colors, words and multiple signals through the afferent and efferent pathways within appropriate bandwidths.

The valves, chambers, antennae and tubes used for the emission of electrons, the control of the electrons emitted, the formation of corpuscular bundles and the respective vertical and horizontal deflection – along with other operations for the mosaic or electric mirror to supply video signals equivalent to the metamorphosis of the scene in the electric current so that the fluorescent screen may again convert the video signals into the proper optical scene to be expressed as television pictures – are wonderfully configured in

the sensitive resources of the brain, nervous system, plexuses and endocrine glands, enriched with other sensorial elements in the physical and psychosomatic vehicle. We must stress the fact that our comparison loses much due to its conceptual poverty, since in modern-day television there are separate parts for sending and receiving, whereas the spirit, in the individual inner workings of the brain, features advanced resources for simultaneous sending and receiving.

**The Lever of the Will** – Individuals have particular mental waves, by which they spontaneously tune in to the waves of other incarnate or discarnate beings that have an affinity with their inclinations, desires, attitudes and works in the unavoidable chemical bonding-like dynamics produced by thought.

Understanding that every moving particle of matter has its own unmistakable impulse, it is easy to see that each spirit, due to its own particular vibratory power, imprints on its mental resources the type of wave or flow of energy that defines its personality, evidenced in the higher aspects of life, in the moral greatness – from the standpoint of love and wisdom – that the spirit has accrued as assets.

To manage the mental currents used to project its own energies and to assimilate the energies of others, the soul possesses the lever of the will, which it has slowly built over millennia upon millennia of hard work.

At first, restricted to the anguishing circles of primitivism, the will is bound by the preservation instinct and makes the spirit an inveterate monomaniac of base pleasures.

As they advance through the early stages of experience, human beings are like intelligent mollusks, always ready to close the circuit of their mental waves upon themselves in intermittent monoideism.

**The Will and the Perfecting Process** – Human beings' memory and imagination are still short, and this fact limits their volition to simple tendencies, which, in essence, represent the early stage of the decision-making faculty.

They themselves effect the retraction of the mental waves that personalize them, repelling vibrations that urge them to undertake the always-difficult and laborious task of personal growth. Consequently, they remain emotionally attached to the realm of vibrations attractive to them, and where they find like waves that cater to their self-centeredness in the gregariousness of long-lasting symbioses throughout repeated reincarnations required by the learning process.

Evolution is inevitable, however.

Progress imposes new methods, and suffering shatters physical bodies.

The modifications of choice accompany the ascent of knowledge.

Over the course of long centuries, the will for pleasure and dominance gradually give way to the pleasure of evolving and of serving, accompanied by self-control.

**The Cyclotron<sup>29</sup> of the Will** – Human beings naturally project their mental wave towards spirits that have reached higher horizons of evolution.

Upon reaching such a stage of consciousness, the will, in the field of the spirit, plays the role of a cyclotron in the world of chemistry, automatically bombarding the mental principles that oppose its impulses. Furthermore, it is with this determining faculty that the will presides over the wave junctions it intends to assimilate in the realm of attunement, since the more elevated the discernment, the freer its originating mental creation is to liberate and capture, to enrich and sublimate, to aggravate ills or add its own good deeds in the realm of destiny.

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<sup>29</sup> A circular particle accelerator in which charged subatomic particles generated at a central source are accelerated spirally outward in a plane perpendicular to a fixed magnetic field by an alternating electric field. A cyclotron is capable of generating particle energies between a few million and several tens of millions of electron volts. ([www.answers.com/topic/cyclotron](http://www.answers.com/topic/cyclotron)) – Tr.

# 12

## Conditioned Reflex

**The Importance of Reflection** – Understanding that each mind vibrates within the wave of stimuli and thoughts with which it identifies itself, we can easily see that each spirit generates within itself an unimaginable power of mental-electromagnetic forces and that in this psychic current it exteriorizes the resources and principles it accumulates within itself.

Hence the importance of reflection in every area of our life.

In generating an incessant creative force within us, we assimilate, through spontaneous impulse, the mental currents that harmonize with our type of wave, imposing on sympathetic minds the product of our ruminations while receiving back, in turn, what characterizes them. This dynamic is independent of spatial distance if sympathy has been established, and it is more objective and effective when the process of mental exchange is accomplished consciously.

**Types of Reflexes** – The knowledge that the Pavlovian school developed regarding conditioned reflexes is worth recalling in this case.

This area of experimentation involves the study of the secure and stable congenital or unconditioned reflexes, such as the protective, alimentary, postural and sexual reflexes, all which have their own nerve pathways, drawn from the species, without the need of the cortex, and the acquired or conditioned reflexes, which do not appear spontaneously, but are acquired by the individual during the course of existence.

The acquired or conditioned reflexes, which utilize the necessary intervention of the cerebral cortex, develop on the preexisting reflexes in the fashion of emotional constructions, which are unstable at times, and on the foundation of the nerve pathways, which belong to the secure congenital or absolute reflexes.

**Pavlov's Experiment** – We will recall that Pavlov, in one of his experiments, separated some puppies from their mother at birth and nursed them artificially. As would be logical, they naturally displayed their

congenital reflexes, such as the patellar and corneal palpebral. However, when the puppies were introduced to meat – the normal food for dogs – by means of sight and smell, they did not salivate. They only salivated when the meat was put directly into their mouths.

From that moment on, the dogs always salivated when meat was presented to their sight or smell.

We should note that the stimulus caused a conditioned reflex, as in a process of grafting onto the congenital reflex triggered by the food being put into the mouth.

**Psychic Reflexes** – The reflex principles can be applied to the psychic reflexes.

Thus we can see that the act of eating is a habit stratified in the personality of the dog during the evolutionary process through multiple reincarnations, and that even though meat is the ancestral food of the species, the “preference for meat,” is an acquired habit that forms new impressions on a field of already-consolidated sensations.

We make this example simply to point out that our conditioned psychic reflexes are highly important in our diverse mental connections.

And these reflexes – all of them – are governed and guided by induction.

In Pavlov’s dogs, the faculty of eating represents a spontaneous attitude, an automatic mental acquisition, but their interest in meat – to which they were habituated – defines an excitant attitude that compels their mind to exteriorize a characteristic wave that acts as a fragmentary thought around them, creating a reaction within themselves, particularly on the taste buds. Likewise, varied stimuli appear in the dogs according to the development of the impressions that strike their narrow sensorial world, heightening their experience.

Thus we can appreciate the richness of the conditioned reflexes, by means of which the human spirit’s mental life expands. In this mental life, reason acts as a light on discernment, giving the spirit the privilege of choice.

It is in these conditioned reflexes of the psychic activity that, for human beings possessing elementary thoughts, the unconscious processes of the mediumistic connection begin, because, as they emit the wave of their particular ideas around subjects to which they are attuned, they send out towards others their cherished images and stimuli and then receive them back, enriched by other agents attuned to these mental creations.

**Induction Agents** – Self-suggestion has been fully proven, encouraging this or that connection or this or that habit, thus demonstrating the need for us



to police ourselves with respect to all the interests of our mental life. Having acquired reason and the prerogative of choosing our own objectives, our goals become an inductive agent that compels us to emit the content of continuous thought in the direction to which we set our mind and in which we find the principles that may be combined with our own. This is why we are automatically connected in spirit with all the incarnates or discarnates that think as we do, and with whom we are more closely connected the more closely we share one another's mental atmosphere, regardless of spatial factors.

A conversation, our choices of reading material, the contemplation of a painting, a thought about a certain subject, an artistic performance, a visit to someone or by someone, a bit of advice or an opinion – these are all induction agents that vary according to their characteristic nature, with results that are more far-reaching the greater our mental fixation on them is.

**The Use of Discernment** – From the perspective of the Divine Laws, freedom of choice is clear and incontestable in the processes of consciousness.

Even in absolute incarceration from the physical point of view, individuals, in their thoughts, are free to select good or evil for the pathways of their spirit.

Thus we must use discernment as a rudder that reason cannot ignore haphazardly. If electronic currents of all sides surround physical life, by the same token spiritual life is immersed in a large ocean of mental currents. Thus, within them it is crucial that we choose to seek out the company of noble spirits that are capable of upholding us in the good, so that the good, as an application of God's laws, may lift us to a higher plane of life.

# 13

## Indiscriminate Hypnotic Phenomena

**Ordinary Hypnotism** – As we examine the consequences of the conditioned reflex, it is important that we spend a few moments discussing ordinary hypnotism.

There are those who say that the act of hypnotizing is connected with the ability to act upon another spirit, and in order for the impression aroused in this manner to be long-lasting and profound, there must not be any sort of close relationship between the magnetizer and the subject, because, for the hypnotic effect to persist, there must be obedience and respect on the part of the subject.

Let us examine the hypnotic phenomenon in its simplest expression, which often occurs in less-than-edifying public shows.

The operator first asks for silence, and in order to tell which individuals might be the most susceptible to his influence, he asks for everyone to focus on a certain object or spot and to refrain from jesting or causing a disturbance.

This is the start of the “closed circuit.”

Exteriorizing itself in a strict system of action and reaction upon itself, the mental current of those in the audience who are capable of tuning in to the hypnotist’s induction begin to absorb his mental waves, predisposing themselves to following his command.

Such persons do not even have to be within the spatial area where the will that magnetizes them is actually located: they may be in a different place completely, experiencing its influence via radio, recordings, or television. As soon as they fully surrender to the initial suggestions, they begin to emit a certain type of mental wave that has all the creative power of ordinary thought, and they become capable of shaping the thought-forms that may be suggested to them. These forms, structured by the movements of the exteriorized mental activity, react upon themselves, causing the effects or hallucinations impressed by the will to which they are subjected.

There is a perfect combination of undulatory forces in this process.

**Degrees of Passiveness** – Induced by the impact of the hypnotist's command, each subject produces his or her own particular frequency of mental oscillations. These oscillations leave the subjects and automatically combine with the wave of the magnetizer's positive forces. Then they return to the subjects with the suggestion that is given to them, thereby establishing for themselves the hallucinatory field in which they will respond to the commands.

At this stage, each individual, after demonstrating his or her characteristic obedience, will display a certain degree of passiveness.

Most subjects will be in an ordinary hypnotic state; some will fall into a lethargic state; and only a few will fall into a cataleptic or somnambulistic state.

In the first two instances (that is, ordinary hypnosis and lethargy), passive subjects will have released, in anomalous conditions, a certain class of mental agglutinins that enable ordinary sleep, impeding the spirit's control centers in the various areas of the brain. Furthermore, they correlate with the **motor-wave** of the will to which they are subject, manifesting in the behavior imposed on them the pictures that are presented to them.

In the other two instances (catalepsy and somnambulism), the subjects' mental waves react upon themselves to cause the partial or total disengagement of the perispirit or psychosoma, which, despite being somewhat freed from the physical cells, is kept under the direct control of the hypnotist, obeying his orders.

**Dominant Idea and Individual Reflexes** – During either hypnosis or lethargy, passive subjects usually do things that cause wonder due to their humorous nature.

For example, the hypnotist will give ten subjects the idea of "cold," stating that the atmosphere has become suddenly frigid.

All of them will soon emit the characteristic mental waves, associating the images they are capable of forming.

These vibrations find in the hypnotist's mental wave the stimulating agent that feeds their increasing flow in the direction of the **determined objective**.

After a few moments, these vibrations will have reacted many times on the brains that generate and weave them, causing the subjects to act as if they really were in the middle of winter.

Nevertheless, each subject will proceed with this **back-and-forth** exchange of oscillations in his or her own way.

One of them will button his coat tightly; another will quiver and hunch over; yet another will make gestures like someone putting on her coat, utilizing objects that are not what she thinks they are; and still others will shiver impatiently as if helpless in a stormy gale.

The stimulating action of the hypnotist sets a **dominant idea** in motion; however, the minds impressed by him respond in harmony, but according to each one's particular reflex.

**A Violin Lesson** - In the same order of phenomena, the hypnotist may suggest to the same subjects in induced sleep that they are in a music class and that they have to practice the violin.

The mind of each subject will emit waves in keeping with the order received, creating the respective thought-form.

In just a few seconds, under the hypnotist's control, the subjects will have created the thought-form with as much realism as possible.

Those that have an affinity for the violin will assume a posture that is consentaneous with the thought-form. They will make movements that are harmonious with the worthiness of a concert violinist. On the other hand, those adventitious to music will make grotesque movements. They will "play" the thought-form as if they were children insulting the musical art.

In all the similar anomalous states referred to, the **subjects** demonstrate a certain level of passivity, and there are many degrees from semiconscious hypnosis to profound somnambulism.

**Hypnosis and Telementation**<sup>30</sup> – At certain stages of hypnosis there is a partial disengagement of the personality resulting from the dislocation of the sensory centers.

However, even then, in the center of their mental radiations, subjects remain controlled by the positive wave of the will to which they have submitted.

In this condition, this or that subject may continue to represent the role of the supposed personality, in accordance with the hypnotist's suggestion.

The hypnotist may choose a popular figure, such as a singer, an author or an orchestra conductor familiar to the subject, and will incite him or her to believe that he or she actually is that figure.

The subject will immediately impress on his or her own flow of mental energy the figure of the artist, author or maestro, in accordance with the ability of his or her own imagination, and will take up a pen, begin singing or swing a thought-form baton, maneuvering the mechanisms of his or her mind to manifest the suggestion.

However, if the hypnotist suggests an obscure conductor, writer or singer known only to the hypnotist, it will not be as easy for the subject to follow orders due to a lack of imaginative resources to be impressed upon his or her own mental waves, which can only be managed after long exercises of specialized telementation between hypnotist and subject.

**Suggestion and Affinity** – During deep hypnosis, the hypnotist can successfully suggest to the subject this or that trivial task to be performed after awakening from the induced sleep, such as offering a pencil or a glass of water to a particular person. Due to its elementary nature, this suggestion is absorbed by the subject's mental wave in its reflux movement, automatically incorporating it into the attention center so that the will may discharge it at the right moment.

However, this would not happen so easily if the suggestion entailed processes of greater responsibility in the sphere of the conscience. In the more complex activities of the spirit, for there to be attunement in actions that entail a moral aspect, it is indispensable that the hypnotist's mental wave be perfectly harmonized with the subject's wave, with complete identity of tendencies or opinions, as if they were morally yoked to one another in the recesses of profound affinity.

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<sup>30</sup> The art of altering reality through your deepest level of consciousness, a variation of the law of attraction. [www.urbandictionary.com](http://www.urbandictionary.com). – Tr.

# 14

## Specific Conditioned Reflex

**Prodromes<sup>31</sup> of Hypnosis** – Taking the phenomenon of hypnotism in a public show as an example, let us assume that the hypnotist is a man worthy of respect, capable of gaining people's trust.

Let us imagine that a woman with a nervous disorder, who wants to be treated by hypnosis, consults the hypnotist.

The woman may have seen the hypnotist's show or may have been referred to him, and decided to seek his help with a firm resolve to abide by his treatment.<sup>32</sup>

The hypnotist immediately sees the woman's sympathetic attitude and welcomes her with manifest attention.

He takes her hand and instantly enters the aura or halo of her energies while asking her a few questions.

With this direct touch, he injects a strong revitalizing current into the patient while speaking to her with encouragement and hope. She happily surrenders to his silent appeals to let go of the tension that troubles her.

The patient gives the hypnotist some information about her symptoms and he kindly invites her to sit in a large chair that will help her relax more easily.

**The Mechanics of the Hypnotic Phenomenon** – Recalling our study of the so-called Liébeault method, the hypnotist starts the process by positioning himself in front of the patient.

He gently places his left hand on her head and holds two fingers of his right hand twenty to thirty centimeters at an elevated angle from her eyes, compelling her to lift her gaze in a somewhat strenuous, attentive way to focus on his fingers for some time.

With this gesture, the hypnotist is projecting his own magnetic flow onto the subject's pineal gland. This gland is highly important in all mediumistic procedures,<sup>33</sup> as it encourages the passiveness of the brain's receptive centers, while, at the same time, it elicits the attention or **closed circuit** in the magnetic field of the patient, whose mental wave, projected beyond her own

aura, is immediately attracted by the waves of the hypnotist, who, in turn, transmits to her the essence of his commands.

Releasing the mental agglutinins of sleep, the subject, in induced hypnosis, is influenced by the will that temporarily commands her senses, a will that she, in a usual manner, adheres to on her own accord almost happily.

At this point, in order to more securely fixate his treatment, the hypnotist states gravely and calmly:

“There’s nothing to be afraid of. According to our wishes, in just a few moments you will undergo the same mental transfiguration that you experience every night as you go from the active life to the torpor of sleep, in which you hear without any effort and in which you don’t feel like moving. Rest now and sleep. Sleep in the certainty that you will not be aware of what is happening around us! You will awaken from your present state when I tell you to, alleviated and strengthened by the termination of your organic imbalance.”

The patient relaxes, content, calmed by her own mental wave of trust, exteriorized at the impact of the positive thought that controls her. The hypnotist reaffirms this by lightly touching her eyelids and saying:

“Sleep peacefully. Everything is fine. You will awaken free of any malady. Be calm and wait. You will not experience any discomfort. In just a few minutes I am going to wake you up.”

The patient sleeps and the hypnotist leaves for a few minutes.

**The Mechanics of Hypnotherapy** –While the patient is asleep, her own renewing mental wave retains the helpful suggestions she has received and acts upon the cells of her physiopsychosomatic vehicle, thereby annulling the existing functional inhibitions as much as possible.

As can be seen, the positive agent acts as a triggering factor for recovery, which, in all cases of hypnotherapy or reflexotherapy, is effected by the patient himself or herself.

After about a quarter of an hour, the hypnotist wakes up the patient, who may show great improvement.

The patient thanks the hypnotist for his help; however, he has acted only as a means of excitation and influence, because the mental waves acting to restore the cellular tissues were exteriorized by the patient herself.

**Specific Objects and Reflexes** – In the second session of the hypnotic treatment, the patient will more easily entrust herself to the hypnotist’s guiding will.

It is enough for her to merely meet the hypnotist again to enter into a conditioned reflex state, through which she begins to automatize the process of emitting her mental forces impregnated with images of health and courage that she forms in her mind as she recalls the requests made of her during the previous session.

Thus the patient proceeds along the same regimen of conditioning until merely gazing at a simple object – given by the hypnotist to help her break free of any crisis related to the nervous disorder from which she has been healed – will be sufficient to enter a healing hypnotic state on her own.

This measure, which explains the supposed curative power of certain physical relics or so-called magic talismans, can be interpreted as a specific conditioned reflex. Even without the hypnotist's presence, the object is capable of imprinting new modalities on the mental wave we alluded to and act – especially in this case – as a determined reflex for organic recovery.

**Magnetic Circuit and Mediumistic Circuit** – If, after being cured, the patient continues to be submissive to the hypnotist, with a definite interchange maintained between both, after a while they will find themselves in a perfect mediumistic circuit.

The subject's mental wave will have been reeducated to extirpate the illness described above, and will have reestablished the imbalanced area. It is now healthy and harmonious for the exchange process, if the two stay in contact.

If she goes to the hypnotist daily and willingly receives his influence, and if she is also duly adjusted to his mind, then from the point of view of **field resistance**, she will begin to reflect his mental wave, absorbing its inclinations and objectives.

This is an example of the most advanced processes of telementation,<sup>34</sup> which includes controlled out-of-body experiences, through which the subject, outside the physical body and under the hypnotist's preponderant induction, only sees and hears in accordance with the particular guidance to which he or she has been subjected.

This is the state of advanced magnetic exchange, in which the subject, under hypnosis or in the waking state, easily transmits the determinations and purposes of the guide, within the sphere of his or her possibilities of expression.

**Self-Hypnosis** – There is one more important matter to consider. If the hypnotist no longer has contact with the subject, and if the subject continues to be interested in the progress of her spiritual growth, she can, through her



own efforts and by means of profound concentration of mental energies, remember her experiences with the hypnotist and enter into hypnosis, lethargy, catalepsy or somnambulism – still through the same specific conditioned reflex. She can disengage herself from the physical envelope, and, fully conscious, enter into contact with incarnate or discarnate spirits of like condition, or cause, on her own, certain physical phenomena through the application of accumulated energy. This can explain the phenomena of eastern Fakirism, in which the operator's will, partially or completely separated from the somatic body, exerts a certain action upon the physical and extra-physical cells, giving way to events that are unusual for the standard realm of the five senses.

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<sup>31</sup> Prodrome: A premonitory symptom (Webster's). – Tr.

<sup>32</sup> The utilization of hypnotic phenomena in this book serves merely as a reference to explain the mechanics of mediumship. It is not meant to induce Spiritists to make use of it in their endeavors. Our primary objective is to serve the Spiritist Doctrine, which we must take as the disciplinarian for all the phenomena surrounding us in the sphere of mediumistic occurrences to further benefit our own moral growth. – Spirit Auth.

<sup>33</sup> For a fuller understanding of this subject, we would refer the reader to chapter 2 of the book Missionaries of the Light by the same spirit author and psychographed by Francisco Candido Xavier. – Publ.

<sup>34</sup> Telementation: Mental exercise or operation at distance ([www.oconsolador.com.br/linkfixo/.../mecanismodamediunidade.doc](http://www.oconsolador.com.br/linkfixo/.../mecanismodamediunidade.doc)) – Tr. (translation ours)

# 15

## Electric Charges and Mental Charges

**Common Experience** – To examine the occurrences of indiscriminate mediumistic phenomenon, we referred in chapter 13 to the ordinary hypnotic phenomenon, in which hypnotists and subjects, without any ties to the sublimation of the spirit, exchange mental agents.

In order to lay out the basis for our study, let us recall the indeterminate propagation of electrons in nature.

Anyone can gather obvious proof using various objects, such as the classic experiment with the ink-pen, which, when rubbed with a wool cloth, enables us to see the air pockets that exist between the cloth fibers that furnish the free electrons clinging to them. These electrons accumulate on the pen due to their dielectric or insulating characteristics.

After this step, light objects, carriers of positive electric charges, or, more precisely, electron-poor, such as tiny bits of paper, will be attracted by the pen, which has become negatively charged.

**The Electrostatic Generator** – In the electrostatic generator or inductor, utilized in early experiments with electricity, the process is similar to that in the ink-pen experiment.

The ebonite rotating disks **grind** the air pockets between them, compressing the electrons that are loosely adhered to them.

With the help of brushes, these electrons travel to the metallic spheres, where they gather until the charge is strong enough to discharge in the form of a spark.

**In the Layers of the Atmosphere** – Streams of free electrons are everywhere.

On summer days, groups of atoms or water molecules rise into the atmosphere with the heated air.

In the cold, upper zones, they condense into droplets and fall back towards the ground due to their weight.

However, the droplets that fall without hitting the ground because they

evaporate on the way down are swept along by rising warm air currents. As they rub against the elements, the rising warm air extracts from the water molecules the free electrons that are weakly adhered to them, drawing them upward in vortices and accumulating them into a cloud, which then becomes electrically charged.

When the electron streams aggregated there reach a certain strength, the cloud acts as an inductor generator, with a charge reaching millions of volts. Its electrons en masse, in the form of lightning, leap to other clouds or to the earth, causing discharges that often take the form of electric sparks during showers and thunderstorms.

In similar circumstances, when the earth is in the way of explosions of electrons from the sun, enormous charges of electrons disturb the **terrestrial field**, causing the magnetic storms that affect all the vital processes on the planet, including human existence, for they disarticulate the microscopic valves in the human brain, imposing harmful alterations in the same way that they destabilize the transistors in radio towers, interfering with their transmissions.

**Currents of Mental Electrons** – Analogously, there are also currents of mental electrons everywhere, forming charges that either adhere to individuals' magnetic fields, or wander amongst them like electric fields that are ultimately attracted by those individuals who, excessively charged, tune in to their nature.

Using the example of the ink-pen rubbed with the wool cloth, and the electrostatic generator, where electrons are conditioned to produce sparks, we will recall that every compression of mental agents by means of concentration generates, in our soul, inductive states, by which we attract like thought charges.

Whenever we read a certain page, consult this or that book, take part in a conversation, or take an interest in a given subject, we accumulate and emit mental charges in the form of a string of pictures or sparks that put us in spontaneous correlation with incarnate or discarnate Intelligences who share the same interests, thus enticing to our mental world those with ideations similar to our own.

We are not implying that the ink-pen or electrostatic device phenomenon is the same as the process of mental induction in the brain.

We are only saying they are similar on the surface, in order to highlight the importance of the focus of our thoughts, because it is by the projection of our ideas that we connect with lower or higher Intelligences along the way.

And to further emphasize the need for balance in our lives, let us remember that, just like the incessant currents of force that sustain nature on the planet, thought also circulates, uninterrupted, within the magnetic field of each spirit and then reaches beyond it imbued with its essential nature.

Like it or not, each soul possesses within its own thought the unstoppable source of its own energies.

Living currents flow from within each Intelligence and are projected onto its “energy halo,” structuring its aura or psychic photosphere, based on the particular nature of the constant magnetic charges. This is somewhat similar to the currents of force that rise from the planetary mass, composing its surrounding atmosphere.

**Constructive Mental Currents** – Just as nature finds the best path for its equilibrium in the harmonious distribution of its energies, sustaining itself in continuous movement, the spirit uses honorable work to find the sure path toward bliss.

The more ennobled the conscience is, the greater the wealth of its imagination and mental power, and consequently, the storehouse of magnetic charges or mental currents vibrating around it are more complex and require a greater amount of constructive activity in which its vocation and aptitudes are formed.

Whether in academia, the arts, charitable causes, education, raising a family, social work, the professions, administration in the public or private sector, commercial or industrial ventures, farming, caring for animals, sports, or any other area of human activity, the spirit is called to serve well, that is, to serve for the good of all in order not to upset the flow of its own mental energies, aggravating the states of tension.

**Destructive Mental Currents** – These states of tension, due to the “centers of force located in the personal psychosphere,” nearly always act like peaceful clouds that are suddenly transformed by abnormal charges of free electrons into inductor machines, attracting electric fields that render them instruments of the storm.

As the soul accumulates within itself self-generated forces in a state of profound imbalance, it emits maladjusted, destructive mental forces, by which it attracts forces of the same level. As a result, it may fall into obsessive blindness, from which may depart, disoriented, through the undesirable door of remorse after having been a perpetrator of unspeakable misdeeds.

In other instances, since the process of mental obliteration or “disorderly accumulation of clouds of tension within the aura field” is characterized by

enormous gradation, if conscious individuals are not inclined to the natural distribution of their own magnetic charges by means of worthwhile labor, they bring upon themselves the degeneration of their energies.

In this situation, they emit disturbed mental waves, by which they tune in to similarly disturbed Intelligences, falling headlong into lamentable periods of debasement involving deplorable occurrences of spirit obsession, in which deranged minds, or minds that have fallen into vicious monoideism, are mutually reflected.

And once they are involved in such disturbances, whether in the surrender to passion or in the darkness of addiction, they experience the oncoming of overwhelming mental currents from incarnates or discarnates that are committed to cruelty out of ignorance, which, in vampirizing their lives, impose all sorts of malfunctions and infirmities on them, according to their weak spots, creating vast areas of alienation and suffering in the world.

## Magnetic Phenomenon of Human Life

**Stage Hypnosis and Natural Hypnosis** – In analyzing the mediumistic phenomena as based on the conditioned reflex, we shall delve into further aspects of our study by exploring the sphere of everyday life.

Looking at the indiscriminate hypnotic phenomenon in public demonstrations, we see someone controlling the psychism of several individuals for a few minutes; on the other hand, in everyday life, we see the same phenomenon in our relationships with each other.

During a stage show, the hypnotist practices a type of hypnosis that is hierarchized by several degrees of passiveness in the subjects.

In everyday life, we all spontaneously practice suggestibility, in which each one of us displays varying degrees of automatic obedience as we surrender to the influence of others.

This situation starts at birth.

**The Home as Induction Center** – The home is the most powerful induction center known on earth.

Like someone who receives this or that type of training while in a sleep state, the reincarnated spirit, during childhood, receives from its parents the maps of inclination and conduct that will guide its life. This process is analogous to elementary school, where the child is urged to contemplate or visualize certain pictures in order to reflect them in the natural development of learning.

Valorous souls gifted with a higher moral standard, according to acquisitions acquired during numerous reincarnations of toil and sacrifice, are exceptions within the domestic environment, superimposing themselves on it by exteriorizing a stronger will, of which they are the messengers.

However, as a general rule, most incarnate Intelligences psychologically portray those who have endowed them with their physical body, becoming, for a while, instruments or mediums of their parents due to the adjustment of

their mental waves in combined circuits, through which they exchange with them the mental agents with which they are nourished.

Only after powerful experiences have renewed their inner characteristics do children usually alter more extensively the mental molds they have received.

**Other Inductive Centers** – On every plane of existence, the Providence of the Creator sees to it that the individual is securely assisted.

Each consciousness that is born in the physical realm brings with it the connections of the spirit group to which it is affiliated, demonstrating the profound affinities of which the mental wave gives evidence in the revelatory flow it presents.

If the parents are in tune with the forces by which their children are fluidly connected to them, life is harmonious, like two cog wheels meshing perfectly together.

On the other hand, if there is divergence, friction and disagreements appear with the passing of early childhood, due to unavoidable interferences that create disturbances in the ongoing “circuits.”

Incompatibilities and disparities arise that genetics cannot explain.

Children in such circumstances are ensnared in the influence of discarnate companions and display disquieting tendencies, over which the parents are unable to exert their parental authority.

Nevertheless, the school of enlightenment waits for them in the lines of civilization to restore, from early on, the notions of a higher order regarding life, establishing the concepts of moral elevation that are so crucial for the perfecting of the soul.

Then, ordinary teachers become guides for students, who, if attentive to their teachings, become, through the same phenomenon of mental wave harmonization, temporary mediums of the minds that instruct them. The teacher, in teaching, slows down the wave-lengths he or she emits, whereas the students, in learning, make their wave-lengths shorter, allowing the necessary level adjustment so that the exchange of spiritual agents is safely made.

Students that deliberately avoid the duty of attention, neglecting the commitments they embraced, lack this benefit. They become linked to other circuits that hinder their learning progress because they have deserted exercises that would favor further inner illumination.

And, after school, earthly offspring face the responsibilities of their professions, wherein the personality continues the vocation or sum of

experiences it has already gained in life.

Each workshop of constructive activity, regardless of the line of work in which it is expressed, is a new school for the individual in the human arena, in which leadership, at different levels, gathers cooperators in the various circles of subordination for the effort of growth and sublimation.

Even here, we can see, by means of the same occurrence of mental harmonization, those who guide raised to the position of guardian spirits, and those who obey transformed into instruments for certain accomplishments.

**We Are All Mediums** – In the centers of activity referred to in our study, we find that conditioned reflex and suggestion are indispensable ingredients for education and spiritual growth.

It is crucial to realize that the greater the soul's understanding about the book of life, the greater its freedom will be.

Therefore, the more it grows in potential in this or that sense, the more the pathways open up before it. Thus it has to be careful about the choices it makes.

The greater its stewardship, the greater its responsibilities.

This is because, as our influence increases in this or that realm of interest, the more persistent become the surrounding appeals so that we do not forget the primordial duty to be accomplished.

Those who advance are invariably between the vanguard and the rearguard. And the pathway to God is a journey of ascension.

Every climb, as well as any growth, demands sweat and discipline.

Every standstill is a stagnating rest.

Thus, we are all mediums. At each step, we are reflectors of the forces we assimilate with the power of our will, in the focalization of mental energy.

**Perseverance in the Good** – It is crucial to remember the imperative to persevere in the Good.

The enjoyment of this or that sort of unedifying attitude or company, literature or conversation, establishes in us the conditioned reflex by which we unconsciously tune in to their invisible waves.

This is how we form the undesirable habits through which we make ourselves food for vampirizing entities, and we wind up like living skeletons due to phantom illnesses.

If we continually think or talk about negative matters, such as undue accusations, destructive criticism, disparagement and cruelty, we immediately incorporate the influence of the incarnate or discarnate spirits that nourish them, because the act of engaging in such topics – which are contrary to the



principles that aid and renew life – becomes a sickly conditioned reflex that automatizes our ability to transmit such morbid agents responsible for so much infirmity and imbalance.

**Degrees of Obsessions** – Often, in our states of deliberate tension, we open ourselves up to violent forces that work their way into our psychic aura, creating unfortunate fermentations that result in attitudes of devastating anger, by which we unwittingly make ourselves mediums of criminal activities. We get dragged into the phenomena of association of mental-electromagnetic agents of the same nature, similar to those that characterize chemical explosions in chain reactions.

This is why we are sometimes out of our minds temporarily, terribly obsessed for a few minutes, mentally alienated in certain circumstances in space or time, or mentally impaired in periodic crises. We have become pitiable mediums of disharmony due to our long stay in recurring conditioned reflexes, acquiring serious debts with the wrongs we semi-consciously commit as we heed mutual suggestions, for as far as the Law is concerned, our will is responsible for all our problems of attunement.

# 17

## Physical Effects

**Spiritual Symbioses** – When we understand that every individual moves about amid the emanations that are peculiar to him or her, we intuitively perceive the symbiotic processes in which the influence of discarnate Intelligences is put into effect, using incarnates as instruments of their manifestations.

Quite often, when individuals reincarnate, they bring along with them the invisible company of the spirit with whom they are most intensely associated in their various tasks and debts.

If they are harmonized in the same mental wave, it is possible to sense their integration – as if they were hypnotist and subject – in a process of adjustment.

If the incarnate personality has the potential for broad disarticulation of his or her own animic forces, we have an example of physical effects mediumship, which can be expressed in various degrees.

That is why young people that are barely out of childhood may act as mediums for lower order discarnates, to whom they are attuned in the production of physical phenomena of a lower order, such as rappings, signals, dislocation of objects, or peculiar voices.

Obviously, such displays from the extra-physical plane are usually caused by less-evolved entities. Drawn to the natural mediums to which they are conditioned, they appear amongst incarnates as capricious children in unruly affections and disaffections. But in some cases, all it takes is a simple intervention by someone with moral authority, via exhortation or prayer, for the disturbances to cease immediately.

Such a blossoming of mediumistic abilities, capable of taking place at any age of the physiological constitution, happens regardless the soul's intelligence or spiritual growth because it is linked wholly to mechanical factors, analogous to those that occur in public demonstrations of skill or ability by an adequately trained gymnast.

**The “Teleguided” Medium** – Let us take, for example, an incarnate individuality in whom the animic forces are easily disassociated. In this case, he or she is capable of supplying the ectoplasm (exteriorized plasma) that discarnate Intelligences use to produce the physical phenomena that denote their survival after death.

At this point, if he or she desires to cooperate in the work of human enlightenment, he or she receives a guardian spirit from the Spirit Realm – more commonly called a “guide,” according to earthly understanding. This guide, always in a similar evolutionary position, functions in the extra-physical sphere as a caretaker or steward responsible for the medium’s energies.

Together they form a power circuit under the supervision of Instructors of the Greater Life, who mobilize them for beneficent service and education, often in circumstances involving the complete disengagement of the medium’s perispirit, which proceeds to act like a “teleguided” Intelligence.

From this arises the ability to establish study groups for occurrences involving materialization, with the phenomena of telekinesis, starting with rappings and culminating with visible ectoplasm.

**Problems with the Exchange** – We need to remember that the medium’s mental wave field – the natural and irremovable envelope that pulsates from the spirit – is the filter for all operations involving physical phenomena.

Incorporated into the medium’s psychic dynamism are the ectoplasmic components of the participants, in addition to resources taken from nature; but even then, the essential elements belong to the medium, who can interfere in the manifestations either consciously or unconsciously.

The exteriorization of the animic principles has absolutely nothing to do with moral standing.

Consequently, we must point out the difficulties in maintaining a lengthy and secure exchange in this area.

All it takes is a slight modification of the medium’s purpose – whether in matters of an economic interest or emotional conduct – for the medium’s mental rays to be modified. When such a metamorphosis occurs, thought-forms, which are sometimes in complete disaccord with the plan drawn by the Higher Realms, appear in the medium’s aura or energy center. At the same time, considerable dangers loom in the area of the work to be done since the transformation of the mediumistic waves imprints a new course on the exteriorized force, which, in this way, on certain occasions, may be

manipulated by discarnate spirits that are of a very low order and starved for sensations of the physical field.

On such occasions, various disturbances may occur, discouraging magnificently started experiences.

**Medium and Participants** – It is imperative, however, to remember that it is not only the medium's mental fulcrum that influences the activities of the group.

Each participant brings his or her own mental waves, connecting to the mediumistic area of action. And if a participant's thoughts in this area differ from the intended objective, he or she can easily become an altering factor that adversely affects the agents composing the expected outcome, creating disharmony in the whole, much like an out-of-tune instrument in an orchestra.

This results in serious obstacles for the effective continuity of groups whose purpose is endeavors of materialization.

If judicious and noble spirit entities are dependent on the mental wavelength of the medium for the correct channeling of the ectoplasmic energies that he or she exteriorizes, the medium also depends on the elevated influence of the participants to support him or her in an ideal atmosphere of harmony.

Consequently, if the medium's spirit is partially diverted from the goal to be reached, in his or her carelessness the medium will easily yield to the requests of incarnate participants, who are nearly always imperfectly skilled for the task at hand. This is when unwitting deceptions occur, in addition to other difficulties that metapsychics<sup>35</sup> researchers mistakenly complain about. Since they are dealing with mental agents that are still far from being classified and catalogued according to their nature, they cannot expect immediate results as if they were dealing with mere numbers.

**Law of the Mental Field** – Metapsychics researchers complain bitterly that most mediumistic phenomena are riddled with obscurities and oddities, and that is exactly why, to them, the doctrine of the survival of the soul after death is replete with impossibilities.

They make demands, and when such demands are met, they accuse the medium of creating imaginary personalities; they exaggerate the function of the so-called unconscious powers of the mind, finding it strange that the psychic force, as the connecting resource between incarnates and discarnates, is not detectable in the realm of human observation in the fashion of the combinations of chlorine with hydrogen, for example.

Regarding this subject, it is imperative to point out that the Law of the Mental Field is still unknown on the earth, a law that governs the spirit's energetic dwelling place, according to which the conscious individual, wherever he or she may be in the Universe, can only assimilate the influences that he or she is in tune with.

Each mind is a world in and of itself, living in the creative waves it emits – or in the psychosphere in which it gravitates towards this or that sentimental objective, according to its desires – without which the law of responsibility would not be upheld.

From the physiological point of view, a medium, even in the highest states of cerebral amnesia, is not entirely unconscious in the realm of spiritual reality, and will always act not like a complete automaton, but as a consciousness limited to its own possibilities and the dispositions of its own will.

**The Future of Physical Phenomena** – However, we will note that we know in several countries some circles of spiritual activity in which the synergy of mental waves among the mediums, participants, and discarnate spirits rises to appropriate levels, enabling events of profound significance in the realm of the spirit, even though, to a certain extent, they serve only as an index of mental ability or simple information without any major benefit for humankind due to the closed mechanism under which they occur.

Human science, however, is heading into the future.

We, discarnate spirits on the extra-physical plane, are interested in an ampler sublimation so that we may be able to make the adjustment of certain mental principles with respect to the execution of specific endeavors.

And, incarnates should be concerned with existence on a higher moral plane so that they can define, precisely and properly, the ectoplasmic substance, analyzing its components and protecting its manifestations in order to offer to the Higher Intelligences surer elements for work, pondering, with human beings and for human beings, the incontestable proof of immortality.

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<sup>35</sup> The term proposed by [Charles Richet](#) in 1905 (when he was elected president of the [Society for Psychical Research](#), London) for phenomena and experiments in [psychical research](#). In his inaugural address, he defined metapsychics as “a science dealing with mechanical or psychological phenomena due to forces which seem to be intelligent, or to unknown powers, [latent](#) in human [intelligence](#).” He divided it into objective and subjective metapsychics, the first dealing with material, external facts; the second dealing with psychic, internal, nonmaterial facts. <http://www.answers.com/topic/metapsychics>. – Tr.

# 18

## Intellectual Effects

**In Daily Occurrences** – In the study of intellectual effects mediumship, we can use everyday occurrences to more easily illustrate our conceptualization.

It will suffice to examine habit, as a crystallization of the specific conditioned reflex, to find this type of mediumship at every instance among incarnates.

Let us take a man reading the morning newspaper as our example. He is reading the section in which he is most interested.

If the business section interests him the most, he will automatically assimilate all the financial articles, emitting mental waves conditioned to their tips and advice.

Afterwards, he will think hard about the best way to reap potential profits, and if it demands the cooperation of another person, he will look for him or her in a relative or loved one who shares his views on life.

His potential business partner listens to his ideas and automatically absorbs his thoughts on the matter, incorporating them into his or her own mental wave, visualizing possible problems and accomplishments in similar terms.

Each one of them approaches the matter according to his or her own impulses and resolutions, but the basic idea is common to both.

Through the specific conditioned reflex drawn from the financial section, both produce mental waves that depend on the matter at issue, communicating closely with each other and proceeding to reach their objective.

Let us suppose, however, that the reader is more interested in the newspaper's crime section.

He avidly searches the worst stories, and after perusing the voluminous list of crimes or other disasters, he chooses the most impressive one, in his opinion, and focuses his attention on it.

Afterwards, he starts exteriorizing, in the mental wave that is

characteristic of him, the dreadful scenes that are born in his mind, molding his own version of the facts.

In this state of mind, he attracts sympathetic company, which listens to his conjectures and starts to express thoughts of the same nature, associating with his inner way of seeing things, despite the fact that each one is situated in his own personal field of interpretation.

A few moments later, if the thought-forms were visible to the naked human eye, observers would see the toxic flow of deplorable images regarding the crime arising from the mind in a series of chain reactions, spreading out to other minds interested in the unfortunate incident.

Furthermore, sometimes such combined, imbalanced waves culminate in large public crime sprees, in which incarnate spirits, crazed by the sick ideas they exchange with one another and stricken by collective madness, jump ahead of the manifestations of human justice and commit acts of extreme ferocity in patent cruelty. Later on, they will have to answer to the silent charges of the Divine Law, each to the degree of his or her own participation in the evil acts.

**Unascertained Mediumship** – The realm of the specific conditioned reflex also entails many vices that are common to societal life, such as slander, relentless criticism, as well as abuses involving food and sex.

This or that incarnate spirit, under the disguise of some honorable title, emits an inappropriate idea in a meeting or conversation. All those who agree with the idea matter begin to emit mental waves within their own undignified sphere, constructing strange thought-forms amidst which the group remains in temporary communion, from which each one leaves experiencing excitation of an inferior nature, in search of prey for his or her appetites.

One can easily see that each individual was influenced only according to his or her own inclinations, but will be responsible for the wrongs that will be perpetrated, according to the mental wave that he or she emitted.

Such information helps us understand the mechanics of intellectual effects mediumship, where incarnates and discarnates associate in the manifestations of so-called subjective metapsychics.

As was noted in the section on physical effects, the eclosion of psychic energy in intellectual effects may appear at any physiological age, with the symbiosis between discarnate and incarnate entities often occurring at the latter's birth, depending on the affinity of their mental waves.

On every continent there are millions of persons involved in worthy or unworthy endeavors – especially expositors and writers, using podiums or

written materials, as vehicles most constantly accessible to thought. They are controlled by discarnate spirits that attend to certain tasks or influence persons for good or bad purposes, in lengthy processes of unascertained mediumship. This has been the case in all eras of human history.

**Disciplined Mediumship** – Let us imagine that a certain woman, for example, is willing to discipline her mediumistic energies according to the moral tenets of the Spiritist Doctrine, whose postulates are meant to solve, as simply as possible, all the problems of destiny and being.

Accepted into the circle of spiritual activity, she uses prayer to construct the specific conditioned reflex needed to emit the appropriate mental waves towards the discarnate spirit that most closely shares her ideations.

Of course, in the endeavor of spirit communication, she will experience a long period of vacillations and doubts. Living amidst her own emanations and garnering influence from the spirit realm – with which she already is often unconsciously automatized – she at first believes that other mental waves incorporated to the field of her spirit are nothing more than thoughts produced by her own mind.

Isolated in the fulcrum of consciousness, in accordance with the Law of the Mental Field, which spells out obligations for each individual hoisted to the light of reason, mediums usually torment themselves by rashly asking if they should not give up their so-called “mediumistic development” since they cannot immediately tell the difference between their own thoughts and those of others. They do not realize that they themselves are responsible spirits with the duty of safeguarding their own mental life and enriching it with loftier qualities through the attainment of virtue and knowledge.

**Mediumistic Passivity** – If mediums can valiantly overcome their puerile hesitations and understand that doing the good is the most important thing, they will strive to live rightly in the specific conditioned reflex of prayer to the Higher Realms. This will enable them to become an object of trust for discarnate Benefactors who will use their abilities to help their fellow beings. As a result, such mediums garner help for themselves.

As they seek to better themselves, to grow in selflessness, enlightenment and disinterestedness, the more they will spiritualize their thoughts. This, in turn, further sharpens their mediumistic perceptions, which widen out in to a more extensive service, in accordance with their individual abilities.

With foundations based on ennobled magnetism, discarnate instructors influence the mechanisms of the brain for the attainment of certain phenomena, as happens, for instance, with musicians that play notes on the



piano to produce a melody. Hence, just as sound waves are connected in the musical number, mental waves are combined in their expression.

If the instrument offers greater malleability, the artist's touch will be more intensely specific.

Psychography falls under this concept, from the strictly mechanical to the intuitive, to incorporation in various degrees of consciousness, to inspirations and premonitions.

**The Combining of Waves** – The combining of mental waves is present in all mediumistic phenomena.

If the medium's mind is attentive to the conditioned reflex of prayer during mediumistic meetings or psychic phenomena, it will begin to emit its own waves, which mesh with those of the communicating spirit for certain purposes.

Therefore, it is quite natural for the difficulties of mediumistic filtering to become extremely preponderant at times. If there is not an abundant supply of interpretive matter within the receiving center, the most vivid angelic fulgurations will go unnoticed for those looking for them in their yearning for light from the Spirit World.

We must acknowledge that, except in special cases where the medium and the spirit entity are perfectly attuned, in the majority of circumstances, in spite of the profound mental integration between the two, nearly the entire physiological exteriorization in the exchange belongs to the medium. His or her characteristic traits will usually typify the manifestations until the psychic force of Humanity becomes more intrinsically perfected for fuller evidence of the Higher Plane.

**Clairvoyance and Clairaudience** – An identical mechanism presides over the phenomena of clairvoyance and clairaudience. Due to the advanced association of mental rays between the communicating spirit and the medium gifted with deeper visual and auditory perceptions, seeing and hearing are put into effect directly from the exterior to the inner field, although gradated into many different expressions.

As ultra-sensorial resources become scarcer, inner seeing and hearing become more deeply rooted in the combining of waves and appear in mediums of this type.

Acting on the medium's mental waves, the discarnate spirit transmits pictures and images to him or her by making use of the autonomous centers of deep sight located in the diencephalon, or it communicates voices and sounds by utilizing the cochlea. The stronger the vibrational attunement in the realm

of wave frequency is, the more perfectly it does this. In such occurrences, it seems as if the medium has a mirror inside the eyes or a speaker box down inside the ears.

# 19

## Ideoplasty

**In Induced Sleep** – For a better understanding of any mediumistic transmission phenomenon, it is essential that we mention ideoplasty, through which thought can be materialized, creating forms that are often of lengthy duration, depending on the persistence of the wave in which they are expressed.

Considering the fact that mental powers are inherent to discarnates and incarnates alike, it is natural for the plastic and organizing elements of ideas to be exteriorized by mediums, as well as by individuals that take part in their endeavors and experiments. This may lead to spontaneous problems, the solution of which requires discernment.

To shed light on the matter, let us recall the energy circuit between hypnotist and subject during induced sleep.

Let us say that the former suggests to the latter the existence of a certain image in a certain locale. The mind of the subject, controlled and guided by the hypnotist's physical touch, will immediately focus its waves on the spot indicated and form the suggested image according to the principle of reflection, through which, as in cinematography, the projection of repeated scenes maintains the temporary stability of the image, along with its respective movement and sounds.

The subject will contemplate the image in the minutest detail, and if the hypnotist places a mirror in front of the subject without first forewarning him or her, the subject will express uncontrollable amazement at seeing the duplicate picture, because the reflected image will seem as real as the original.

The word most often used for this phenomenon is "hallucination"; however, this definition is not really accurate, since there is neither daydreaming nor illusion involved.

As happens with TV shows, where the scene transmitted is essentially real due to the combining of waves, the scene woven by the subject's mind due to

the influx from the hypnotist is also fundamentally real, according to an analogous principle. By making the waves of his or her own spirit converge on a certain place, the subject creates the suggested picture, giving it corresponding aliveness due to the subtle percussion by which the screen is structured.

This phenomenon is actually quite ordinary and gives an exact account of ideoplasty in all mediumistic activities headed by investigators whose demands reach borderline presumptuous.

Insisting on going far beyond what constitutes comprehensible and just control, they do not realize that they become unsuitable hypnotists instead of balanced experimenters. Consequently, they wind up interfering with the energy circuit between the discarnate benefactor and the incarnate instrument, hindering the Higher Plane's intent to identify and reveal the Greater World.

**In Physical Phenomena** – During physical effects sessions involving externalized ectoplasmic energies for endeavors managed by a spirit instructor, if one of the human experimenters makes this or that request, the medium's mind, as occurs with the subject under induced hypnosis, allows itself to be distracted by the request and begins emitting its own mental wave; hence, it is no longer paying attention to the discarnate spirit directing the endeavor, but is satisfying the incarnate researcher instead.

Thus, the indulgent and wise spirits comprehend the medium's needs and respect them with the high level of discretion of someone who perceives the complexity of the endeavor. As a result, they withdraw from the experiment. Nevertheless, they continue to keep watch over the group, like teachers who, according to their abilities, act as sentinels when their students abandon the lesson's noble objectives to wander around in the land of inconsequential caprices.

**Ideoplastic Interferences** – Let us imagine a discarnate guide during a regularly controlled session involving ectoplasm. The guide is composing the shape of an arm with the help of the medium's ectoplasm. If one of the incarnate experimenters touches the arm and says, for example: "A bracelet, I want a bracelet on the arm," the medium's mind will immediately receive the impact of the request, and instead of proceeding under the benevolent control of the discarnate guide, it will start to obey the human investigator, inappropriately focusing its own induced mental wave on the partially materialized arm, forming on it the bracelet as requested.

With this sudden interference, the task of the Spirit Realm becomes extremely difficult and the benefit for the incarnate group is greatly

diminished.

Along the same lines, pointless, disorderly requests by participants cause ideoplastic phenomena of obvious incongruence, lowering the magnitude of the manifestations by corrupting the medium's mind, connecting it to the influence of low-order spirits who often start behaving with patent disregard for sublime projects that were initially cherished by the group of persons fraternally united for this interaction.

**Mediumship and Responsibility** – Of course, we neither encourage laxity nor irresponsibility in the control of sessions involving ectoplasm.

We simply want to bear in mind the fact that the ruin of many circles organized for sessions involving physical effects – especially those involving materialization – is usually caused by the negligence or impudence of those who participate in them. In most cases these are inveterate curiosity seekers who insensibly degenerate into frivolousness, compromising the work aimed at the good. They impose the strangest demands on the endeavor, unwittingly causing deceit or fraud and undesirable interventions in response to their irresponsibility.

**In Other Phenomena** – Identical phenomena involving ideoplasty are common in the many types of transcendent photography. If the medium and participants do not demonstrate the highest understanding of the elements required of them during the mediation between the two planes, outweighing the exteriorized energies with the force of their own mental waves, assistance from the Higher Sphere is, of course, lost, which is unfortunate because this assistance would have imprinted the experience with the stamp of the Higher Sphere's illuminative presence. Instead, the phenomenon receives only the mark of the restless incarnates, still incapable of forming the field that is essential for receiving agents of a higher order.

In intellectual effects mediumship, ideoplasty plays an extremely important role. A certain class of constantly repeated thoughts emitted towards the mind of an inexperienced medium may force it to accept certain images held by the persistent mental wave as actual situations and personalities – like a child who believes he or she is actually looking at this or that landscape or person, even though it is just a movie.

**In Degraded Mediumship** – It is in the area of magism that, since time immemorial, ideoplastic agents have assumed a highly significant nature. In magism, mediumship is degraded to inferior processes of manifestation, and is consequently taken prisoner by beings of a primitive character or by

inferior Intelligences that create enslaving ideas for those who allow themselves to be vampirized.

In accepting debasing suggestions, those involved in magism emit the unworthy images they are linked to, engendering taboos that are hard to break due to the fear instilled in them by prolonged enslavement to the forces of ignorance.

Subjected to this type of idolatry, the mind begins to hold on to the agents with which it torments itself, the more intensely the more extensive its receptive sensitivity, because, with a higher ability of mental construction, individuals more easily generate for themselves both the good that strengthens them and the evil that disturbs them.

Let it not be said that the matter entails a mere clash of appearances. Suggestion is an incontestable power that links the soul unequivocally to the creations inherent to its inner world, and it will reap the consequences of the darkness or the light it has chosen.

# 20

## Psychometry

**The Mechanics of Psychometry** – In mediumistic circles psychometry is defined in as the extra-sensory ability to perceive the hidden side of the surroundings and to read impressions and memories by handling objects and documents. In expounding a few notes concerning psychometry, it is appropriate to make a few synthetic observations concerning thought, which varies from individual to individual as much as facial expressions and fingerprints do.

Thus, we will point out the fact that, in certain individuals who are in deep concentration, the expanding mental wave, when in a “closed circuit,” carries with it agents of heightened perception and has the ability to transport the ordinary senses beyond the physical body while in the normal waking state.

The nerve fluid or psychic force, upon separating from the vital centers, is incorporated into the waves of exteriorized mental energy, configuring in them the field of perception that one desires to form, according to the preference of the will, conferring new sensorial powers on the spirit.

Here, too, the phenomenon may be understood based on the observation of experiments involving ordinary hypnotism, where the “sensitive” – very often the individual in whom the nerve force is more weakly adhering to the physical body – allows this force to escape easily and quickly come under the spiritual influence of the hypnotist.

The subject, in deep hypnosis, can then free his or her sensibility and motricity, surmounting the limitations known in the physical cosmos.

In these occurrences, at the hypnotist’s suggestion the subject uses his or her available mental energy to disassociate the nerve fluid from certain areas of his or her physical body and begins to register sensations outside of it in a locale suggested by the hypnotist. In other instances the subject might prevent the fluid from circulating in a certain limb – one of the arms, for example – which is rendered practically insensitive for as long as the experiment lasts, until at the positive touch of the hypnotist’s will, he or she turns his or her

attention back to the inert arm, restoring its temporarily depleted psychic energy.

**Psychometry and Conditioned Reflex** – In persons endowed with strong sensitivity, the conditioned reflex, by means of prayer or concentration of mental energy, is strong enough for such persons to mechanically dislocate the nerve force in this or that vital center of the physiopsychosomatic organism and enter into relations with other vibratory realms, from which they extract the material for their psychometric observations.

As a matter of fact, it is crucial to remember that such abilities, while completely patent in individuals endowed with more extensive extrovertible sensitivity, are, nevertheless, latent in all individuals through the instinctive sentiments of sympathy or antipathy, with which individuals either attract or repel each other in the incessant exchange of mental waves.

Through reflection, each Intelligence, when in the presence of another, can sense if the other person is favorable or not to the noble or ignoble pathway that he or she has chosen in life.

**The Function of the Psychometry Medium** – Further clarifying the subject as much as possible, mediums gifted with psychometry are individuals who can automatically dislocate the nerve force from certain centers – for instance, those of sight and hearing – transferring their power to their mental waves.

When this transposition is set in motion, it seems to us that the medium has eyes and ears outside of the physical envelope. Through self-determination, such mediums often disassociate not only the psychic agents from the alluded-to centers, but also quickly disengage their spiritual body, following the map that outlines their actions in space and time, obtaining without major obstacles the impressions and information for the purposes in mind.

**The Interdependence of the Medium** – As with any human group activity, one must bear in mind that no medium can act alone in the complex realm of psychometry.

In this case as in others, the sensitive remains an interdependent piece in the mechanism of the process.

Furthermore, as is amply understood, if the discarnates and incarnates involved in the process do not have the components for the required harmonization, it is certain that the medium's mental wave – except in highly special circumstances – will be influenced by discordant elements, thereby nullifying any possibility of success in the undertaking.



In this area, thought-forms are of fundamental importance because every object deliberately submitted to psychometry has already been the object of particularized attention.

Whoever submits an ancestor's personal article to psychometry has usually already invoked that ancestor's memory, and, therefore, even if an affective interest in the object was not already elicited from the Spirit Plane, the person submitting the object will have mentally drawn its outline or pictures allusive to the reminiscences available, thus establishing means of induction so that the medium's ultra-sensorial perceptions put the medium in the corresponding vibratory field.

**In Cases of Missing Persons** – From a different point of view, let us imagine that an object is submitted to a sensitive for psychometry.

To be more specific, let us suppose that someone has just disappeared from home without a trace.

Detailed searches have turned up nothing.

It comes to someone's mind to get one of the missing person's personal possessions: a handkerchief, for example.

The object is given to a medium that lives far away, and no information is imparted to her.

The medium concentrates, and after coming out of her deep state of introspection, she describes in detail the facial features and character of the object's owner, and says that the person is missing. She conveys minor incidents regarding the case, explains that the owner discarnated suddenly, and reveals where the body is.

The preciseness of all the statements is verified, and the psychometry medium will probably receive all the credit for having solved the matter.

However, analyzing the episode from the perspective of the Spirit Plane will unveil more facets to the observer.

When the missing person discarnated, loved ones on the extra-physical plane wanted to help him, and their help was, of course, extended to his family members. Thoughts of concern by those who remained behind on the physical plane and anxious thoughts by those in the spirit world intermingled in the search.

Someone suggested submitting the handkerchief for psychometry and the solution was crowned with success.

Incarnates normally see only the sensitive at work, but they forget that the discarnate Intelligences incorporated to his or her mental wave furnish all the information and instructions pertinent to the matter.

**Induced Agents** – All objects and environs subjected to psychometry are nearly always mediators between the physical and extra-physical spheres in the fashion of strongly induced agents establishing factors of telementation between the two planes.

Therefore it should not be hard to understand that even here the issue of merit and attunement prevails.

If the inquirer and experimenter do not possess the moral qualities needed for a satisfactory result, they can bring discarnate elements to the sensitive that are not in tune with the lofty task at hand. Also, if the human intermediary is not spiritually attuned, the consultation or experiment will surely result in failure.

Of course, our comments, demonstrating the large field of the influence of discarnates in all cases involving psychometry, do not exclude the fact that matter displays patterns of vibrations that are created through contact with human beings and with the lower beings of nature, making possible extraordinary observations by persons endowed with profound sensorial abilities. These include, for example, the ability to see through opaque objects, clairvoyance, clairaudience, the enigmatic attainment of sensibility, and the many radiesthetic<sup>36</sup> resources notably connected with so-called phenomena of telesthesia.<sup>37</sup>

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<sup>36</sup> The sensitivity of some humans to radiation of various kinds, as in water divining or nonmedical diagnosis. [www.thefreedictionary.com](http://www.thefreedictionary.com). – Tr.

<sup>37</sup> Response to or perception of distant stimuli by extrasensory means. [www.thefreedictionary.com](http://www.thefreedictionary.com). – Tr.

# 21

## Soul Disengagement

**Induced Sleep** – In lining up some comments regarding the personality's temporary disengagement from the physical body, we will refer to our previous comments regarding deep hypnosis between magnetizer and sensitive.

Clairvoyants will notice that, at the hypnotist's command, the subject, in a trance state, will give off, from the chest area, an abundant amount of a whitish vapor that suddenly condenses like a cloud – usually to the left of the physical body – into his or her duplicate, although almost always slightly bigger.

Depending on the power of the will that is guiding him or her, the sensitive, disengaged from the body, will begin to move about, and on many occasions, if requested to do so, will actually leave the room to write messages or receive news somewhere else.

If we could follow the sensitive on this excursion, we would see that he or she remains connected to the somatic body by a tenuous thread. This thread may be superficially compared to a radar wave, which can travel immeasurable distances and then return unaltered to the sender, although such a comparison falls altogether short of the phenomenon in question.

During this phase, the subject carries out the commands received – as long as they do not constitute blatant disrespect for his or her moral dignity – and is able to bring back valuable information regarding the realities of the spirit.

We will note that while the physical body lies inert, relaxed and motionless, the real individuality, although teleguided, displays full integrity of thought, transmitting, from afar, warnings or comments through the body's vocal cords, much like a loud speaker when a radiophonic device is in use.

Similar to the incessant energetic flow in the dense body's blood circulatory system, the spirit's mental wave never stops.

The nerve impressions in the somatic envelope weaken and the physical brain sleeps, but the heart keeps beating and thought continues to be active in

the perispiritual brain.

**In Natural Sleep** – In most situations involving individuals that are still strongly connected to the primitive animal nature, their mind remains turned in on itself in any resting mode. They take sleep for a peaceful cluster of pleasant impressions, much like an unsupervised child chases after the object of its desires.

During this endeavor, they configure, in their mental wave, images they find pleasurable, drawing from their memory the visualization of their desires, like someone who visualizes beforehand the events he or she hopes to materialize.

Since these individuals are prone to narcissism, they nearly always remain juxtaposed over the physical body at the onset of sleep, like a driver who lies down beside his carriage, and they surrender to mental pleasure, with which they feed their affective impulses while their physical machine recovers.

Self-absorbed, the soul – using the resources of deep vision located in the centers of the diencephalon, and fully disengaged from the physical body by means of temporary denervation<sup>38</sup> – not only refreshes itself by using mental projections with which it anticipates future satisfactions, but also experiences the results of its own abuses. It might endure the discomfort in the viscera that it has harmed; it might experience uneasiness in the organs it regularly disrespects, or it might suffer the presence of disquieting regrets for the reprehensible acts it has committed, for no one can avoid self-reflection in one's own thoughts.

**Sleep and Dream States** – As occurs in the more highly evolved animals, in less evolved human beings the disengagement of the individuality during sleep is almost entirely a period of mere physical recuperation.

In the former, the mental wave is simply a weak emission of fragmentary energies and the dream is a pure reflex of physiological activities. In the latter, the mental wave is in its initial phase of expansion, and, for a long time, sleep continues to be an invariable reflex action in the context of their conscience or emotional world.

However, in individuals who have matured spiritually, thought develops by means of repercussion.

As in the case of sensitives, who, outside the physical envelope, go to the locale suggested by the magnetizer – by way of the determinant order that triggers their conditioned reflex – in induced hypnosis, individuals outside the somatic vehicle during natural hypnosis possess in their own desire the

conditioned reflex that will circumscribe their circle of activity beyond the physical body, extending to the locale to which their thought is connected.

For example, during physical sleep the farmer overcomes the hypnagogic phenomena and returns to his fields to contemplate what he has planted; the artist returns to her work to visualize its enhancement; the mother goes to the children that life has entrusted to her; and the criminal returns to the place where the pain of his repentance is located.

Crossing the band of the so-called entoptic images, they exteriorize mental pictures pertinent to their interests. These pictures attract the attention of discarnate Intelligences that are attuned to them, and they receive suggestions for their endeavors. However, since they are far from their somatic bodies, they frequently proceed like children that have been brought into an adult environment and they get caught between the superior ideas they receive and their own childish ideas. In most cases this accounts for the chaotic aspect of the memories they manage to retain upon waking up.

There are millions of persons at this particular stage of evolution and they represent the average evolutionary range of humanity. Every day they surrender to the necessity of restorative sleep (natural hypnosis), in which they mechanically disengage from their bodies and tune in to kindred spirits, either in constructive activity for the good or in wrongful activity for evil, interweaving the pathway of experiences necessary for their future sublimation.

**Concentration and Disengagement** – While they sleep, those who are involved in the arts attract inspiration for the piece they are working on. Through their contact with higher Intelligences, ennobled spirits assimilate irreprehensible, wonderful motifs that come through in their creations. On the other hand, through the same process, sarcastic or morally corrupt discarnate minds use the unfortunate themes they enjoy to awaken irony and irresponsibility in those who, through their works, are attuned to their thoughts.

Disengaging from the physical body during ordinary sleep, individuals follow the course of their concentration, automatically seeking outside the body the objectives that match their patent or hidden interests.

Thus, for example, some writers will expound original, edifying ideas that are related to serving the good, inducing readers to a higher moral level, whereas other writers will exhibit disparaging elements, aligning ridicule or subtle filth that corrupts the emotions of those attuned to them.

**Inspiration and Disengagement** – While the dense body sleeps, each individual's mental wave remains awake, presiding over active sleep when it registers in the sleeping brain the impressions of the spirit disengaged from the physical cells, and presiding over passive sleep when the mind, in this condition, is completely disinterested in the physical realm.

In this state, it attunes itself to the mental waves of other, similar discarnate or incarnate spirits, and then brings back to the physical body, in the waking state, the results of the night's interaction in the form of inspiration. It rarely manages to **consciously retain** the activities it engaged in while asleep.

Many requests from the earthly plane are fully or partly answered during this time.

When this or that request is addressed to a discarnate spirit, the answer usually comes when the requester is disengaged from the physical body. However, in spirits that are still strongly tied to the earth, the physical brain is not always in a position to fixate the encounter or the information received, and consequently the vestiges of spiritual activity involving incarnates and discarnates remain as symbolic images, fragmented memories, or a sudden intuition that in some way express the partial or complete assistance they were capable of receiving.

**Disengagement and Mediumship** – Such occurrences are in force in the combination of mental waves because only in rare instances are incarnates capable of detaching themselves from all their natural bonds, bound as they are to the rules and necessities of their redemption or evolution.

It is crucial to point out, however, that a considerable number of persons, particularly those who have prepared themselves for such purpose, make incursions into the realms of the spirit and often become valuable instruments that are used by Spirit Benefactors as elements of connection between the physical and extra-physical spheres.

Among mediums of this category are all the great mystics of the faith, bearers of invaluable observations and revelations for all who have decided to progress towards the Truth and the Good.

However, we must emphasize how important study is for all those who have been called to this type of service. According to the Law of the Mental Field, each spirit, from the point of view of the comprehension it needs, will only be able to get as far as the level of its own discernment.

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<sup>38</sup> Interruption of the nerve connection. [www.medical-dictionary.thefreedictionary.com](http://www.medical-dictionary.thefreedictionary.com). – Tr.

# 22

## Healing Mediumship

**Mind and Psychosoma** – If we consider the psychosomatic envelope to be the temple of the soul and composed of billions of cells engaged in incessant activity, we can imagine all the energy centers and organs as work departments that are interdependent, in spite of their individual autonomy.

All these tiny departments obey the mental command situated in the brain, which maintains their cohesion and balance by means of unceasing thought waves.

Thus, the various cellular provinces experience the constant impact of mental emissions as they absorb the principles of action and reaction related to this or that content, by which the processes of health or infirmity, harmony or disharmony are associated or disassociated, depending on the direction imprinted on them by the will.

Of course, we have to remember that regular nutrition ensures the subsistence of the physical body through the continuous exchange of substances with the incessant transformation of energy. This occurs because the mental force combines substance and energy in the production of life-supporting resources and the regulatory elements of metabolism.

Besides these factors, we must consider the mental factors involved in the sustentation of all the agents of life, which are accomplished in this or that way, according to the quality of these same ingredients.

The integrity of these principles determines the integrity of the mechanical power of the mind for the formation of antibodies within the component forces of the blood system.

**Blood and Fluidic Therapy**<sup>39</sup> – Emphasizing the fact that the physical body's blood system represents the set of energies circulating in the spiritual body or psychosoma – energies the mind initially captures through breathing from the immeasurable reservoir of the cosmic fluid – it is to this system that we must turn our attention in the study of any fluidic therapeutic treatment or healing.

Related to the psychosomatic centers, the various centers of the blood system produce the large corpuscular collectivities of the erythrocytes, leukocytes, platelets, macrophages, lymphocytes, histiocytes, plasma cells, monocytes and other units that intelligently divide themselves into numerous families engaged in incessant work, from the generative centers of the spleen, bone marrow, liver and ganglia, to the core of the organs.

It is easy to understand that any physical or mental abuse will be immediately reflected through consequential mental reactions that influence the cellular provinces, determining the favorable or unfavorable conditions for organic equilibrium.

Thought is the force, which, appropriately directed towards ensuring the level of cellular entities in the physiological kingdom, facilitates their migration or accelerates their mobility for certain effects of preservation or defense, whether creating combatant and immunological elements or fending off pathogenic processes, with the intervention of the deep consciousness.

It is easy for us to see that if it is possible to hypnotize the human mind for certain purposes, it is even more possible to magnetize the corpuscular entities for certain effects in the regulation of the cells.

**Pass-Giving Mediums** – We consider healing mediumship to be of utmost importance, as long as it is based on the purest sentiments of the loftiest fraternity.

We are not, of course, referring to magnetizers who develop their own powers in the treatment of human health.

Rather, to encourage their activities, we are referring to the interpreters of the Higher Realms, those who are devoted to the providential assistance of the sick.

The study of the human constitution is certainly recommended, just as it is recommended that health-care students, even if they are not physicians, acquire knowledge of the body per se. In the same way that these students of the rudiments of medicine must strive for asepsis in their work, pass-giving mediums must be careful in their own field of activity because their spiritual hygiene will influence the results of the beneficial effect on those they intend to help. Hence, we ask that they cultivate worthy habits and wholesome activities, with simplicity and humility as the basis for their assistance to the sick. Such factors will act like the tungsten in the electric light bulb, capable of radiating energy from the power plant to produce the light necessary to expel the darkness.



Knowledge will increase their psychological resources, facilitating the receipt of commands and warnings from their spirit instructors. Pass-givers' mental hygiene will consolidate and purify their influence, endowing them with the indispensable moral authority capable of inducing infirm persons to the awakening of their own response mechanisms.

**Mechanics of the Pass** – Even though we have already discussed the hypnotic phenomenon in several paragraphs, we will do so once more in order to state that the givers of magnetic passes are the authentic representatives of spirit magnetizers in procedures that benefit the infirm.

Once a climate of trust has been established – much like the one between patient and a much-loved physician – a subtle connection is created between the person-in-need and the pass-giver. Through this link of forces – still imponderable on the earth – flows assistance from the Higher Realm, according to the merits of one and the other.

Under the supervision of discarnate benefactors, upon contact with the energy emanating from the pass, and depending on the trust and merit factor, the patient himself or herself will begin to emit mental waves, assimilating the vital resources received and retaining them in his or her physiopsychosomatic constitution through the various functions of the blood.

This assistance, almost always hesitant at first, takes roots as the patient focuses his or her attention on it. Centralizing his or her own thought waves on the particular cellular areas, he or she regulates and corrects their activities, keeping their manifestations within desirable norms. Once restoration is accomplished, viable organic harmony returns, guaranteeing the mind the necessary governance of the body.

**The Will of the Patient** – The stronger the acquiescence of the receiver, the more effective this process will be. The will of the patient, raised to the maximum limit of acceptance, determines higher healing potential.

Under these conditions, the influx from the passes causes the patient's mental waves to mechanically condense in the direction of the restorative endeavor and transmit the influx to the cellular entities of the physical body. The millions of corpuscles of the physiopsychosomatic organism tend to instinctively obey the commands received and tune in to the purposes of the spiritual command that restores them.

**Passes and Prayer** – As a means of assistance, passes are invariably applicable without any counter-indication, and are always valuable in the treatment of patients of all types, from infants to the elderly. Nevertheless, one should bear in mind that results are not always immediate in adult

patients that are bound to temporary unconsciousness by complex maladjustments in the brain.

Let us make it clear, however, that in any situation, and at any time, it is up to the pass-giving medium to use prayer to establish the thread of connection with the higher planes of life. Through prayer he or she can count on the subtle presence of the instructors that attend to the endeavors of Divine Providence, utilizing its resources for the incessant extension of the Eternal Good.

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<sup>39</sup> This practice of magnetization involves the transmission, or donation of positive, restorative energies/fluids that help to revitalize and re-balance those of the patient. Normally, it refers to the utilization of a technique involving “hand passes,” as well as magnetized water. At the Spiritist Center, you may also hear this referred to as “passes,” “spiritual healing,” or “bioenergetic therapy.” [www.explorespiritism.com](http://www.explorespiritism.com). – Tr.

# 23

## Animism

**Mediumship and Animism** – In our discussion of mediumship, we need to make a few comments about animism, i.e. psychic phenomena produced with the conscious or unconscious cooperation of mediums.

There are many instances involving mediumistic physical and intellectual effects phenomena, with the incarnate Intelligence itself either commanding the manifestations or diligently participating in them. This shows that the spirit body can actually disengage itself from the physical body and act with its own resources and tools as a thinking and organizing consciousness outside the physical vessel.

The verification of such instances led to theories of negation amongst adversaries of the Spiritist Doctrine because, due to the possibility that the incarnate spirit can actually act outside its physiological garb, inveterate skeptics were quick to assert that all mediumistic phenomena are nothing more than the influence of a nervous force, which, outside the physical body, can effectuate mechanical and plastic actions, in addition to configuring various types of hallucinations.

However, the din and fear caused by such unfounded arguments, which damper the optimism and hope of so many individuals who have confidently begun their practice of mediumship, is not something to be too concerned about, because we have to remember that discarnate and incarnate spirits are not members of opposite races who must meet again only under miraculous conditions.

**Similarities between Individuals** – We are compelled to recognize that if the living on the earth and the living in the spirit world lived in fundamentally different evolutionary environments, communication between them would be impossible due to the impracticability of mental adjustment.

Beings evolving towards eternal life – whether they are on the extra-physical plane, preparing to return to the earthly arena, or on the earthly arena, preparing to return to the extra-physical plane – possess faculties that

have been acquired on the long road of experience, faculties that will serve as resources for perception in the next environment.

As it prepares for reincarnation, each spirit possesses all the means it has developed to continue its endeavor of spiritual growth in the realm of incarnates, retaining the potential for such means in the fetus, just as the incarnate spirit possesses all the possibilities that it has stored up within itself to pursue its activities on the spirit plane after death.

With this observation in mind, it is easy to see that, up to a certain point, the incarnate individual shares the senses that characterize the discarnate individual in the spheres closest to the human experience; consequently, it can sometimes disengage from the dense body and proceed as an Intelligence disengaged from it, or it can obey the dictates of discarnate spirits as an agent that is more, or less, faithful to their desires.

Based on this fact, we have a clear explanation for many of the phenomena of common Fakirism, in which, upon disengaging, the incarnate spirit, in a relative state of consciousness, can cause a certain class of physical phenomena while the physical body lies in a state of ordinary lethargy.

**Obsession and Animism** – As occurs in the isolated hypnotic phenomenon, depending on the circumstances, the mind may lapse into anomalous states of an inferior nature and fall under the control of retrograde forces that keep it temporarily immobilized in strange or undesirable attitudes.

In such cases we find multiform processes of obsession, where powerful discarnate Intelligences control victims who are unable to defend themselves, keeping them locked up for an indeterminate amount of time in certain types of memories that are in keeping with their karmic debts.

Incarnates enduring this type of regenerative trial may frequently be found at mediumistic meetings, immersed in the most complex emotional states, as if personifying other entities. In reality, however, even though they are under the incessant fascination of the discarnates who subjugate them, they are merely expressing their own egos emerging from their subconscious, wearing the mental garb in which they expressed themselves in past lives.

**Animism and Hypnosis** – Let us take, for instance, a sensitive whose memory the hypnotist intentionally regresses to some point in the past and leaves him in that situation for several weeks, months or years, and we will have a precise understanding of mediumistic cases in which the concept of animism is offered as a satisfactory explanation. In this experience, the subject may enter into conflict with the objective reality and declare himself to be the personality evoked by the hypnotist. But at the same time, he will

continue to be himself, despite being under the control of the idea that dominates him.

We often encounter such phenomena in the various cases of mental alienation, which require a great deal of patience and care. The victims of such fixations cannot be categorized as unconscious deceivers, since they do, in fact, represent the discarnate agents yoked to them through strong fluidic bonds, much like the normal sensitive who is mentally modified in a state of long-term hypnosis, in which he or she demonstrates the influence of the hypnotist.

**Disobsession and Animism** – There is never justification for any refusal to act benevolently towards mediumistic personalities that are enduring such trials. They are suffering or troubled spirits, just like any others that manifest themselves, requiring enlightenment and help. Genuinely fraternal, willing assistance will readjust their mental waves, and this assistance will inevitably extend to the past-life companions that are besieging their thoughts. Consequently, such assistance will rebuild morally upright pathways for the sensitives incarnated on the earth, assistance as important and worthy as that which incarnate instructors endeavor to outline for needy discarnates.

Furthermore, we must point out the fact that the effort of a school, whether a room devoted to primary education, or a corrective institution, acts as a renewing resource for the mind, stabilizing its waves at higher levels.

It goes without saying that obsessed persons of such nature should be welcomed generously, hypnotized as they are by forces that control them spiritually from afar.

**Animism and Criminality** – Mental institutions and penitentiaries are full of our obsessed brothers and sisters. Having reached the specific point of their recapitulation of a wrongful past, and having lacked a re-educative structure, they can do nothing but lapse once again into insanity or crime. In fact, mental alienation and criminality most often express a mental descent into memories of past struggles, much like the student who returns to his or her studies with deficient resources and, regretfully, commits the same mistakes as before.

From the point of view of reincarnation, the reappearance of certain situations, and the return of certain individuals to our field of activity, act within us like conditioned reflexes, testing our ability to overcome our former inferiority.

If we are deprived of moral elements capable of altering our mental wavelength for the assimilation of superior resources, we nearly always return

to the same dysfunction and the same cruelty that characterized our past lives.

In these phenomena reside most of the causes of insanity and criminality in every sector of earthly civilization. It is there, in the so-called morbid predispositions, that old conflicts are rearticulated, demolishing the best intentions of the soul when it is negligent towards itself.

Let us agree, therefore, that the Spiritist endeavor has been particularly called on to contribute to the improvement of mental impulses, helping to solve all the problems caused by animism. Through Spiritism, mental impulses are directed towards the illuminating sphere of education and love so that sensitives who are stuck in such predicaments may be duly helped with their problems, impeding their plunge into the darkness of dysfunction and enabling them to resume working for the sowing of the light.

# 24

## Obsession<sup>40</sup>

**Thought and Obsession** – If examined thoroughly, the study of obsession in connection with mediumship would encompass the examination of nearly all the people on earth.

We base this statement on the action-reaction dynamics of thought, which returns to senders every happy or unhappy idea they send out, thereby determining their psychic states. These states, in turn, vary according to the types of emotion and conduct to which they are attuned.

As long as the spirit does not strive to evolve, it is a fact that it will suffer, in its physical body, the fruits of its wrongs. Of course, these maladjustments are not limited to the community of physical cells when undergoing multiple malfunctions under the command of corrupted mental agents. They especially impact the constitution of the spiritual body, and are reflected in the brain or complex compartment of the soul. There, they cause disorders in the encephalic area, accompanied by psycho-sensorial phenomena that produce madness and mental disease.

**Moral Disturbances** – We do not intend to analyze psychopathic personalities from the psychiatric point of view, or to focus on so-called involitional psychoses or senile dementia, both of which would, of course, require medical consideration. We will recall, however, that behind mental imbalances caused by ideation, affective disorder, attention or memory, as well as behind classic psychic illnesses such as schizophrenia, paraphrenia<sup>41</sup>, oligophrenia,<sup>42</sup> paranoia and other types of psychoses, in addition to multiple types of neuroses, lie the disturbances of the individuality that has strayed from the pathway that the Divine Laws have designated for its moral evolution. During its internment in the temporary physical instrument, it can hide, up to a certain point, in the concealment of the flesh, the results of its passions, abuses, extravagances and addictions.

Thus, it lives in its social environment until, taken by death from its physical vessel, it can no longer tolerate living in a fantasy and compels itself to suffer inwardly the consequences of the excesses and outrages with which it imprudently disrespected itself.

Tormented by its own disturbed waves, which incessantly react against the centers and mechanisms of the spiritual body, the mind falls into disharmony and the consequent fixations. Because the vehicle of the extra-physical cells that serve it after death is highly susceptible to being influenced, it will house its imbalances in its own energies, thus consolidating the inhibitions that in a future existence will temporarily dominate its personality as morbid factors, conditioning the dysfunctions of certain resources of the physical brain for an indeterminate length of time.

**The Purgatorial Regions** – Since all moral delinquents emit mental waves of a terrible character, condensing the malignant memories they harbor within, we can understand the existence of purgatorial or infernal zones as being regions in which they give way to their temporary creations of remorse, repentance, anguish, despair and rebelliousness.

In these regions of darkness, where multitudes of wrongdoers are brought together according to the types of wrongs they committed, guilty spirits communicate with one another by means of mental waves, to which they are attuned. This creates before their very eyes living scenes of extreme horror, causing them to go mad, thus receiving, in return, the strange ailments they caused others.

It is clear that, although controlled by perverted or bestialized Intelligences in the darkness of ignorance, these dens are circumscribed in the Spirit World. They are watched over by wise and benevolent spirits that have the means to observe the individual transformation of consciences in the process of purification or regeneration in order to take them to regions that are compatible with their moral improvement.

This supervision, however, does not keep these vast caverns of re-educative torment from being immense, spirit penitentiaries, where beastly consciences that used to be men and women are confined. They are held there by specialized guards that are much like they themselves are. This leads us to define each “individual purgatory” as a “prison/mental asylum,” where criminal souls suffer in return the impact of their unfortunate mental creations.

If examined by the scientists of the world, tyrants, suicides, murderers, exploiters of people, libertines, slanderers, evildoers, ingrates, traitors against



the good, and addicts of all sources, brought together according to the type of wrongs or defect to which they succumbed, would provide Medical Science with the most extensive cases for the etiological study of the obscurest infirmities.

Thus, we can deduce that all the strongholds of suffering beyond the grave are nothing more than enormous evolutionary workshops for the soul, in the fashion of large penitentiary hospitals for the treatment of debased consciences.

**Reincarnation of Infirm Spirits** – All those who show some inclination for recovering their moral values leave the expiatory abysses to reincarnate.

Taken to a new birthplace – usually amongst those who induced them to fail, or else as the object of loving tenderness on the part of hearts who, for their sake, have renounced the bliss of the Higher Realms – they are cared for in the sanctuary of the home.

However, they are reborn into the physical body spiritually yoked to the lower regions whence they came and easily assimilate their corrupting influence. Thus, they reappear in the physical arena. But usually, if they are not mentally impaired from infancy, they are fully classifiable as amoral psychopaths (according to the concept of “moral insanity”), displaying manifest perversity. They constantly prove to be brutal, aggressive, petulant, perfidious, indifferent to any notion of dignity and honor, and continuously disposed to plunge headlong into criminality and vice.

Spirits that have been relatively corrected in schools of rehabilitation in the Spirit World develop, in the human environment, as asthenic, abulic, fanatical and hyperthimic psychopaths, or as examples of various psychic diseases and deliria, including diverse sexual aberrations.

**Obsession and Mediumship** – If directed to the assistance of Spiritist Centers, could such infirm spirits – so many times subjected to insulin and shock treatments without satisfactory results – be considered mediums? Undoubtedly, they are, in fact, infirm mediums that are attuned to sites of dysfunction, whence they have resurfaced for a new learning experience as incarnates.

For a certain amount of time they are bearers of corrupted forces that must be opposed with the necessary moral intervention in the same way that medication is prescribed for ill persons.

Still bearing the hidden vestiges of their internment in purgatorial regions, from which they have returned through the doorway of physical birth, they exteriorize corrupted mental waves that sustain the dysfunction of their

physical tools – waves by which they collect the thoughts of low order entities that remain attached to them in the spirit world's lower zones.

Nevertheless, they need to be received in Spiritist sanctuaries as emissaries of planes that need to be transformed and assisted. A spirit that has been renewed for the Good – the Law of the Creator for all creatures – is an important piece for the overall readjustment of this or that troubled component in the mechanism of life.

**The Spiritist Doctrine** – One must remember that dignified and praiseworthy religious activity in any sector of human spiritual growth expresses heavenly assistance for the moral maladjustments of all incarnates seeking regeneration.

Understanding that a large percentage of human personalities bear within themselves the roots and links of communion with their dark pasts, through which they are susceptible to suffering the strangest processes of hidden obsession – constantly revived in the various periods that correspond to the time of the accumulation of karmic debts they are attempting to pay off in the physical body – it is right to appreciate the appropriateness and excellence of the Spiritist Doctrine as the best means for assisting the victims of any type of spiritual imbalance. By means of study and service, it offers them the environment required for transmutation and harmonization, with which, in the domain of their innermost thoughts, they recover in order to assimilate the beneficent influence of the spiritual agents for their renewal.

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<sup>40</sup> Referring to the influence and control imposed by discarnate beings. – Tr.

<sup>41</sup> A psychiatric condition that is primary to an affective illness or organic mental disorder. Gross disturbances of affect, volition, and function, which are characteristic of schizophrenia, are not prominent, but paranoid delusions and hallucinations are always present.

<http://medical-dictionary.thefreedictionary.com> – Tr.

<sup>42</sup> Mental Retardation. <http://www.merriam-webster.com> – Tr.

# 25

## Prayer

**Mediumship and Religion** – Mixed in with ordinary magic, mediumship has existed in all ages.

Intermingled with primitive peoples' totems and manitous, mediumship gradually progressed and appeared either magnificent and complex in the initiatory temples of ancient cultures, or denigrated and disorderly among mages in public squares.

It is unnecessary to enumerate events and prophecies contained in the sacred books of the religions of remote times.

At each step in the records of all of them, we find references to manifestations of angels and demons, evocations of and messages from discarnate beings, visions and dreams, spells and exorcisms.

**The Conditioned Reflex and Mediumship** – Everywhere, from the amulets of tribes immersed in profound ignorance to the sublime canticles of the religious sanctuaries of modern places of worship, we observe the conditioned reflex facilitating the exteriorization of the mind's resources for communication with the spirit plane.

Talismans, altars, robes, vestments, symbols, images, vessels and incense are nothing but instruments meant to encourage the production of mental waves in this or that direction for certain purposes, attracting energies of the same type as those emitted by the performer of this or that magic or religious ritual and by the congregations that accompany him or her.

And understanding that "like attracts like," there are: sorcerers who use mandrakes to send harmful vibrations towards certain persons in an effort to induce them to emit energies of the same type, by which, based on fear, they assimilate inferior mental currents, harming themselves if they do not possess the integrity of a clear conscience; morally upright clergy, who use the elements of their faith to comfort despairing souls, impelling them to produce ennobling mental waves, with which they form an atmosphere suitable for receiving assistance from the Higher Sphere; physicians, who encourage their

patients with authority and gentleness to incline them to generate, for their own benefit, restorative mental waves by which they can tune into the abundant curative powers in every corner of nature; and teachers, who stimulate their students to learn this or that subject, driving them to condition the elements of their own spirit, adjusting their mental waves to incorporate the area of knowledge they need.

**The Grandeur of Prayer** – In all the moments of the soul, whether at rest or active, we can observe the conditioned reflex (or action independent of the will that immediately follows an external stimulus) at the base of the operations of the mind, for purposes of this or that endeavor.

From this fact arises the need for vigilance over our tendencies since only morally upright conduct supports morally upright thought, and with morally upright thought, prayer – whatever our cultural level – is the loftiest touch of induction for putting ourselves in immediate communion with the Higher Realms.

Of divine essence, prayer is always the positively sublime reflex of the spirit in any situation because it commands the spirit to emit the purest elements at its disposal.

Whether in a state of gratitude or petition, awareness or ecstasy, joy or suffering, serenity or affliction, prayer is an outer expression of the consciousness that formulates it, in indescribable effusions over which waves from Heaven correct the tormented magnetism of the individual – insulated in the earth's instructive suffering – recomposing his or her profound faculties.

The prayer-focused mind may be compared to a starry flower, opened before the Infinite in order to absorb its life-giving dew of life and light.

Allied to the cleanliness of the spirit, prayer represents a commutator<sup>43</sup> of mental currents, propelling them towards sublimation.

**Equilibrium and Prayer** – It is necessary to understand that the incarnate Intelligence has many means to preserve its physical body.

Besides the inestimable service that the skin and intestinal mucosa render in protecting the body against undue intrusions by physical and chemical elements that upset its stability, human beings can mobilize an entire system of bacterial chemotherapy,<sup>44</sup> currently being developed for broader effectiveness, with antibiosis or bacteriostatic action put into effect by certain microbial organisms acting on others in the vanguard of immunological processes.

Thus, it is relatively easy to control typhoid fever, dysentery, tuberculosis, rickettsial diseases, psittacosis, pulmonary and urinary infections, etc.;

however, the same cannot be said about the psychological atmosphere that surrounds every individual in the planet's societal life.

Seen from afar, human beings in the physical realm may be compared to travelers in a jungle of heterogeneous thoughts, learning, by means of rigorous exercises, to find their own way to freedom and asceticism.<sup>45</sup> They are mentally exposed to all sorts of psychic influences, so it is crucial that they educate themselves to control their impulses, growing morally and intellectually to improve their thought projections.

Concerning the health and maintenance of the physical body and the acquisition of knowledge, human beings can draw upon the advice of doctors, nutritionists, teachers and various guides. Therefore, it is also natural for them to make use of prayer to gather the inspiration they need to attune themselves to higher directives.

In the energy circuit established by prayer, the soul not only predisposes itself to regenerate the equilibrium of corrupted or worn-out physical cells through the influx of the renewing energies it spontaneously incorporates – assimilating rays from the Highest Life which it addresses – but also reflects the enlightening suggestions of the higher-order discarnate Intelligences with whom it is engaged.

**Prayer and Renewal** – In the mental jungle in which they evolve, human beings frequently find themselves confronted by subaltern vibrations that strike them vigorously, driving them to exhaustion and irritation. These vibrations are derived from either unhealthy waves coming from discarnates in distress who share their psychic state, or from disturbed waves coming from the imbalanced incarnate friends and family members with whom they share their environment. However, as soon as they envelop themselves in the balsamic vibrations of prayer, their thoughts are raised to the sublime planes, whence they gather transforming ideas from the benevolent, friendly spirits who watch over their steps as they evolve.

Praying is the basic means of inner renewal, by which divine understanding descends from the Soul of Life to the life of the soul.

This posture of the soul, however, should never entail just asking for something from Divine Supply. Above all, it should entail asking for understanding regarding the plan of the Infinite Wisdom, outlined for the soul's own spiritual growth, so as to use the opportunity for work and service for the good of all, which results in the good for the soul itself.

**Mediumship and Prayer** – In the higher order of life, mediumship has always been associated with prayer in order to become the instrument of

illumination for the world.

Among the Egyptians, Hindus, Chinese, Persians, Greeks, Cypriots, Gauls and Romans, prayer, expressing invocation or praise, worship or meditation, was the agent that reflected the Celestial Plane onto the human soul.

While praying, Moses, on Mount Sinai, received the commandments that have served as the foundation of justice down through the centuries. Likewise – whether on the banks of Gennesaret or on Mt. Tabor, whether in the silence of Gethsemane or on the arms of the cross – Christ revealed, in the act of prayer, the conditioned reflex of a divine nature, capable of establishing affinity between creature and Creator.

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<sup>43</sup> A device for reversing the direction of a current. <http://www.thefreedictionary.com> - Tr.

<sup>44</sup> “Antibacterial system” is the current term. (This book was written in 1959.) – Tr.

<sup>45</sup> The exercise of self-discipline. [www.thefreedictionary.com](http://www.thefreedictionary.com) – Tr.

## 26

# Jesus and Mediumship

**Divine Mediumship** – In any study on mediumship, we cannot forget that in Jesus it assumes all the characteristics of divine loftiness.<sup>46</sup>

Ever since the coming of the Magnificent Benefactor to the planet, his sublime thought can be seen penetrating the thought of humanity.

One could say that stones, plants, animals, and human beings, representing the various kingdoms of earth's evolution, gathered in the stable to receive the first mental touch of perfection and beauty from him.

The humble hymns of the shepherds combined with the canticles of love in the voices of the angelic messengers, hailing the One who had come to liberate the nations, not in the social manner, which will always be the dress for the necessities of a collective order, but in the secret chamber of the soul, in light of the life eternal.

Great leaders of thought had walked the earth prior to him, influencing multitudes.

Warriors, politicians, philosophers and prophets lined up in people's memories to be remembered as disciplinarians and heroes, but all of them paraded by with armies, formulas, proclamations and warnings, in which rectitude and partiality, darkness and light were mixed together.

Jesus, on the other hand, arrived without any of the prestige of human authority, but with his moral magnitude he gave life a new direction by addressing, first and foremost, the spirit, in all the climes of the earth.

Transmitting the mental waves from the Higher Realms whence he came, he walked amongst men and women, awakening their energies to the Greater Life, as if touching their innermost fibers so as to harmonize them with the universal symphony of the Eternal Good.

**Preparatory Mediums** – In order to receive Jesus' mental influx, the Gospel tells us about a small group of mediums, acting like a set of electric transformers, which would first receive his power and then store it before they could channel its resources.

Instead of seeing in this event a dubious psychic instrument from the moral point of view, we find an important nucleus of intermediaries that were fearless in their faith and correct in their course of action.

Thus, we see in the Good News that Zacharias and Elisabeth, the parents of John the Baptist – the precursor of the Divine Medium – “were both righteous before God, living blamelessly according to all the commandments and precepts of the Lord<sup>47</sup>; that Mary, the humble young Nazarene who welcomed the Heavenly Ambassador into her maternal arms, was “praiseworthy before the Eternal Father”<sup>48</sup>; that Joseph of Galilee, the man who would take him under his paternal guardianship, “was righteous”<sup>49</sup>; that Simeon, the selfless friend who had been praying for his coming for such a long time, “was righteous and obedient to God”<sup>50</sup>; and that Anna, the widow who had waited for him for many years, praying in the temple in Jerusalem, lived “serving God.”<sup>51</sup>

In this group of wonderful mediums - wonderful not only due to the advanced perceptions that put them in contact with Heavenly Emissaries but also due to their blameless conduct – we find an energy circuit that adjusted itself to Christ’s mental wave in order to expand from there to renew the world.

**Physical Effects** – The Divine Master, raised to the position of Medium of God, soon begins the exalted ministry in which he would substantiate the concepts of life everlasting on earth.

At twelve years of age, he sits amongst the scholars of Israel “listening to them and asking them questions,”<sup>52</sup> causing wonder at the ideas he expounds and giving a glimpse of his condition as intermediary amongst different cultures.

Exteriorizing his sublime energies at the start of his public endeavor, we find him in Cana of Galilee offering a remarkable demonstration of physical effects mediumship, acting “at distance” upon matter by changing water into wine.<sup>53</sup> However, this ability does not remain limited to the domestic environment. Displaying the extent of his powers, associated with the concourse of the spirit messengers who regularly obey his orders and suggestions, we will find him on other occasions multiplying loaves and fishes on the hillside to satiate the hunger of the restless crowd that had been listening to his teachings,<sup>54</sup> and calming raging nature when the frightened disciples plead for his help during the storm.<sup>55</sup>

Still in the area of physical phenomenology or objective metaphysics, we find him in full levitation, walking on water,<sup>56</sup> and in a wondrous event of



materialization or ectoplasmy when, in front of his disciples, he talks to two discarnate men that appear completely glorified and speak to him of upcoming events.<sup>57</sup>

In the temple in Jerusalem, he suddenly disappears from the crowd, dematerializing himself,<sup>58</sup> and in the same town, in front of another crowd, the direct voice phenomenon is produced, in which divine blessings mark out his pathway.<sup>59</sup>

In each of these instances we can see him control matter, disassociating its elements and then reintegrating them as he pleases, with the collaboration of the spirit servants who assist his ministry of light.

**Intellectual Effects** – In the chapter on intellectual effects, or rather, in the demonstrations of subjective metapsychics, which sees human intelligence as being a possessor of other means of knowledge beyond those that comprise the normal senses, we recognize Jesus as presenting the loftiest proofs.

On his way to Jerusalem, he foretells the bitter events that will culminate in his death on the cross.<sup>60</sup> Utilizing his remarkable faculty of clairvoyance, he foresees Simon Peter surrounded by low order entities from the extra-physical sphere, and he warns him of the danger it represents to the apostle's weakness.<sup>61</sup> In his final instructions to his friends, confirming the profound lucidity that characterized his insightful assessments, he demonstrates his knowledge of Judas's troubled conscience,<sup>62</sup> despite the doubts such reflection raises among his listeners. Combining clairvoyance and clairaudience, he converses with a spirit messenger who comforts him as he prays in Gethsemane.<sup>63</sup>

**Healing Mediumship** – Healing powers rise to the highest examples of greatness in Jesus. He is surrounded by infirm persons of all sorts. Paralytics extend their withered limbs and receive help. The blind regain their sight. Lepers are cleansed. The mentally alienated – especially the obsessed – recover their sanity.

Nevertheless, one must remember that the Great Benefactor invites everyone to make use of their own energies.

In healing the infirm cells of the woman with the flow of blood, he tells her convincingly, "Daughter, take heart! Your faith has healed you."<sup>64</sup> Soon thereafter, touching the eyes of two blind men who resort to his charity, he says, "It is done unto you according to your faith."<sup>65</sup>

He does not emphasize faith as a mere ingredient of a mystical nature, but rather as a resource for adjusting one's mental principles for healing to occur.

On several occasions, praising the necessity of righteous thinking for the harmony of the mind-body binomial, we see him urging healed sufferers to live a more upright life. Such is the case of the paralytic of Bethesda, who, after being healed, and upon meeting Jesus again in the temple, receives the unforgettable admonishment, “So, now you are whole. Sin no more so that something worse does not happen to you.”<sup>66</sup>

**The Gospel and Mediumship** – The practice of mediumship is not only exemplified in the Master’s life amongst human beings, to whom he constantly displays his ongoing interaction with the Higher Plane – whether in colloquies with high order emissaries or in speaking to afflicted discarnates as he helps obsessed individuals along the way – but it is also exemplified in his disciples, to whom he appears after his death to give instructions for spreading the nascent Gospel.

On the day of Pentecost, various mediumistic phenomena emphasize the task of the apostles, with a combination of physical and intellectual effects taking place in the public square. From then on mediumship is elevated to the position of girder<sup>67</sup> for all the constructions of Christianity in the following centuries.

In Jesus and his early continuers, however, mediumship is pure and spontaneous as it should be, removed from inferior particularisms, as well as exempt from simony. In them, the various expressions of mediumship are at the service of the Cosmic Religion of Love and Wisdom, in which the divine laws on all worlds institute moral responsibility according to the level of knowledge. Thus, Perfect Justice is situated inside each person, so that it is granted to each spirit in conformity with its own deeds.

Consequently, the Gospel is not a book for just one people, but the Code of Moral Principles of the Universe, adaptable to all nations, all communities, all races and all individuals. Above all, it represents a code of conduct for the consciousness’s ascent to immortality. To reveal it to humankind, our Lord Jesus Christ employed sublime mediumship as an agent of eternal light, exalting life and annihilating death, abolishing evil and glorifying the good so that human laws may become purified and made great, sanctified and uplifted for their integration with the Laws of God.

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<sup>46</sup> In his book entitled Genesis (p. 400, International Spiritist Council, 2009), Allan Kardec refers to the mediumistic phenomena manifested by Jesus:

“Did he act as a medium in the healings he performed? Could he be considered as a powerful healing medium? No, because a medium is an intermediary, an instrument that discarnate spirits use. Christ, however, had no need of assistance; he was the one who assisted others. Therefore, he acted by himself in virtue of his own personal power, just as incarnates can do in certain cases and according to the measure of their abilities. Moreover, what other spirit would have dared to insufflate him with its own thoughts and charge him with transmitting them: If he did receive an outside influx, it could only have been from God. According to the definition given by one spirit, Christ was God’s

medium.” – Spirit Author’s note.

<sup>47</sup> Lk. 1:5.

<sup>48</sup> Lk. 1:30.

<sup>49</sup> Mt. 1:19.

<sup>50</sup> Lk. 2:25.

<sup>51</sup> Lk. 2:37.

<sup>52</sup> Lk. 2:46.

<sup>53</sup> Jn. 2:1-12.

<sup>54</sup> Jn. 6:1-15.

<sup>55</sup> Mk. 4:35-41.

<sup>56</sup> Mk. 6:49-50.

<sup>57</sup> Lk. 9:28-32.

<sup>58</sup> Jn. 7:30.

<sup>59</sup> Jn. 12:28-30.

<sup>60</sup> Lk. 18:31-34.

<sup>61</sup> Lk. 22:31-34.

<sup>62</sup> Jn. 13:21-22.

<sup>63</sup> Lk. 22:43.

<sup>64</sup> Mt. 9:22.

<sup>65</sup> Mt. 9:29.

<sup>66</sup> Jn. 5:14.

<sup>67</sup> A beam, as of steel, wood, or reinforced concrete, used as a main horizontal support in a building or bridge.  
Thefreedictionary.com – Tr.

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# THE MECHANICS OF MEDIUMSHIP

LIFE IN THE SPIRIT WORLD

Using the physical sciences of the material world as a reference, Andre Luiz offers an enlightening study of the intricate mechanics of mediumship.

He offers mediums and students of the subject the resources needed for understanding complex questions pertaining to physics and physiology, which are intelligently related to the many aspects of mediumship.

He emphasizes the importance of Jesus-centered mediumship, explaining that besides the knowledge required, discipline and responsibility appear as factors for improving individuals who devote themselves to communicating with the Greater World according to the principles of the Gospel and the Spiritist Doctrine.

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7 Between Heaven and Earth | 8 In the Realms of Mediumship  
9 Action and Reaction | 10 Evolution in Two Worlds  
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